Habitat partitioning and molting site fidelity in *Tetrao urogallus cantabricus* revealed through stable isotopes analysis

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ABSTRACT

Sexual dimorphism is often associated with different feeding strategies between sexes because of distinct nutritional demands or intake rates. Capercaillie is the most sexually dimorphic grouse, thus sexual segregation in resource use is likely. This study assessed intrapopulation variation in the diet related to habitat use, focusing on differential feeding behaviors between Capercaillie females and males. We used stable isotopes analyses in feathers of Cantabrian Capercaillie, a population living at the southern edge of the range in purely deciduous forests. We analyzed feathers of females and males, and sorted them according to the dominant tree species in the patch where they were found. Mean isotopic values differed both between sexes and among forest types. The latter explained most of the isotopic variance, suggesting that birds consistently selected certain forest types to molt. Capercaillie females showed wider trophic niche and seemingly more intra-gender diversity in resource use than males. The differences between sexes in the trophic variability support the sexual segregation reported in previous studies which is associated with females using the more micro-habitat diverse treeline areas, while males mainly use the inner areas of the forests. Stable isotope analysis proved very useful to assess intersexual niche partitioning in rare species living in rugged terrains where it is logistically difficult to rely on direct approaches (i.e. direct observation, capture and radio-tracking).

KEY WORDS: sexual dimorphism, stable isotope analysis, trophic niche, habitat segregation, *Tetrao urogallus cantabricus*

2 Introduction

3 Adaptations to local resources at the population level are widely acknowledged in wildlife 4 ecology. However, at a finer level of organization individuals or sectors within a population (i.e. 5 age or sex-classes) might specialize on different food resources, depending on differences in 6 habitat use and feeding behaviors (Durell 2000; Catry et al. 2005; Bearhop et al. 2006). Males 7 and females are often subjected to different ecological constraints, and in turn, likely to show 8 distinct feeding behaviors (Mysterud 2000; Bolnick et al. 2003; Ruckstuhl 2007). Differential 9 ecological constraints can be driven by distinct nutritional demands (Isaac 2005; Bulte et al. 10 2008), and are frequently related to sexual segregation, i.e. seasonal, distinct habitat use by 11 males and females. This is especially true in highly sexually dimorphic species as the degree of 12 sexual size dimorphism and the level of inter-sex niche segregation are positively correlated 13 (Mysterud 2000; Phillips et al. 2009).

14 Capercaillie (Tetrao urogallus) is the most sexually dimorphic grouse species. Males may almost double females in weight (i.e. males: 3.3-6.5 Kg, females: 1.5-2.5 Kg; Madge et al. 15 16 2002), and sexes differ in various other morphological, physiological and ecological aspects 17 (e.g. Rintamaki et al. 1984; Borchtchevski 1987). Moreover, Capercaillie is a large, herbivorous 18 bird, with a relatively simple digestive tract, and low intake rates (Sedinger 1997; Van Gils et al. 19 2007); as such, diet is an environmental constraint, likely to be reflected in sexual dimorphism. 20 Diet differences between sexes can be either the result of differences in mean diet composition 21 and preferences, or otherwise related to the diet variance, i.e. generalist or specialist character of 22 each sex, or degree of intra-gender diversity in resource use. Regarding the latter aspect and 23 following the predictions of the niche variation hypothesis, more generalized populations are 24 likely to exhibit more intrapopulation niche variation (Van Valen 1965; Bolnick et al. 2007). 25 We studied the Cantabrian population of Western Capercaillie (*Tetrao urogallus cantabricus*), 26 the only population that inhabits all year round purely deciduous forests (Quevedo et al. 2006a, 27 b). Previous studies on Cantabrian Capercaillie showed that habitat partitioning exists during 28 summer in this population, related to sex and reproductive status, and associated with the

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29 females' stronger reliance on more heterogeneous treeline habitats while males remain in more 30 homogeneous inner areas of the forests (Bañuelos et al. 2008). These previous studies on the 31 Cantabrian range, altogether with studies on northern Capercaillie populations that report more generalized diets for females (Storch et al. 1991; Odden et al. 2003; Borchtchevski 2009) are 32 hinting possible sexual dimorphism in the diet and feeding behaviors. In addition, molting is a 33 period of the annual cycle that determines reduced home ranges and high site fidelity in other 34 35 Capercaillie populations (Rolstad et al. 1988; Martínez 1993). In the highly fragmented and heterogeneous Cantabrian landscape - result of a long-term process of both natural 36 37 fragmentation and historical deforestation by humans (García et al. 2005) - molting site fidelity 38 may be related to the selection of specific forest patches and, thus, it could be studied through 39 analysis of habitat-related diet differentiation.

40 Stable isotope analysis can provide estimates of resource use over longer time periods than 41 conventional diet analyses, which are often based on single feeding events (West et al. 2006; 42 Inger and Bearhop 2008). For instance, the isotopic values in feathers, which are metabolically 43 inert, reflect the resources assimilated by birds during feather formation (Hobson and Clark 44 1992; Bearhop et al. 2002). Hence, feathers provide valuable information on resource use during the cryptic, molting period, when energy demands are highest for Capercaillie (Lindén et al. 45 46 1984). Stable isotope analysis of molted feathers of Cantabrian Capercaillie is an indirect 47 approach that allows evaluation of sex-related trophic ecology in a sparse population living in a 48 rugged landscape. Specifically, we used stable isotope analysis to, 1) assess intra-specific dietary variation between females and males and, 2) evaluate fidelity to microhabitats during the 49 molting. Our hypothesis is that Capercaillie's marked sexual dimorphism would imply distinct 50 51 dietary variation of each sex. Therefore, based on previous studies on habitat partitioning for this population (Bañuelos et al. 2008), we predict broader trophic niche in females. 52

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54 Material and methods

55 Study area and sample collection

Our study area includes the entire Cantabrian Capercaillie (Tetrao urogallus cantabricus) range 56 57 in the Cantabrian Mountains (provinces of Asturies and León, NW Spain, Fig.1). This rugged 58 landscape contains the largest portion of the remnant Atlantic deciduous forest on the Iberian Peninsula, at the southernmost boundaries of this vegetation type (Polunin and Walters 1985; 59 García et al. 2005). These are mostly semi-natural forests with a long history of human use that 60 61 resulted in a highly fragmented pattern, with highly interspersed patches dominated by different 62 tree species (García et al. 2005). Beech Fagus sylvatica, mountain birch Betula pubescens and 63 sessile oak *Ouercus petraea* are the dominant canopy species in the Cantabrian forests. The 64 treeline lies at about 1600 m a.s.l., and is a mixture of forest, tree heaths *Erica arborea*, 65 common heather Calluna vulgaris and bilberry Vaccinium myrtillus, broom formations (Genista 66 florida, Cytisus scoparius), grazing meadows, and scree slopes.

A total of 125 different areas of aprox. 1 Km² in the vicinity of leks and known molting sites were surveyed during three consecutive molting seasons (2005-2007). These surveys consisted of drives conducted from 15th July to 15th September, in areas where Capercaillie was present according to spring surveys of lek occupancy, and summer survey of reproductive success. In the Cantabrian Mountains, Capercaillie reproduction appears to occur 3–4 weeks later than in northern populations (Martínez 1993; Moss et al. 2001; Wegge et al. 2005), and thus, molting is also delayed. See Bañuelos et al. (2008) for details on those surveys.

The feathers of Capercaillie females and males are easily differentiated by color and pattern. All feathers found in these surveys were positioned with a GPS and stored in paper envelopes. We collected Capercaillie feathers in 533 different points. We arbitrarily set a minimum distance of 500 m between feathers of the same sex to minimize the use of feathers from the same individuals, up to a total of 126 analyzed feathers (Fig. 1). To evaluate microhabitat fidelity during the molt, we grouped feathers according to the dominant tree species in the patch were they were found - birch, beech or sessile oak - in a 500 m radius buffer around each feather. Each major canopy species roughly defines an array of accompanying plants. Thus, we used them as proxies to distinguish forest patches. Information on canopy species was extracted from a 1:25.000 GIS database (see Quevedo et al. 2006a, b, for details).

Feathers were split into six subsets for analysis: female feathers in birch (n = 18), beech (n = 21) and oak patches (n = 13) and male feathers in birch (n = 15), beech (n = 37) and oak patches (n = 22).

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89 *Stable isotope analysis*

We measured $\delta^{13}C$ and $\delta^{15}N$ ratios in feathers to evaluate sexual- and habitat-mediated 90 differences in trophic variability of the Cantabrian Capercaille population. The δ^{13} C ratio traces 91 the importance of different carbon pools to a consumer, whilst $\delta^{15}N$ is an effective tracer of the 92 93 origin of nitrogen in plants (Kelly 2000; Inger and Bearhop 2008). Therefore, the combination 94 of both isotopes, together with the application of quantitative metrics (Layman et al. 2007) is a 95 powerful approach to assess both the origin of resources and the trophic variability of 96 populations (Newsome et al. 2007; Inger and Bearhop 2008). Only body-covert feathers were 97 analysed to ensure that all feathers had a similar growing period. Feather samples were cleaned to remove oils and debris by rinsing in a 2:1 chloroform-methanol solution for 24 hours, then 98 99 dried in an oven at 60°C to constant weight (e.g. Hobson and Bairlein 2003; Symes and 100 Woodborne 2009). Subsequently, feathers were frozen in liquid nitrogen and immediately 101 ground to fine powder using a MM200 ball mill. Subsamples of 1 mg (\pm 0.2 mg) were packed into 6×4 mm tin capsules for δ^{13} C and δ^{15} N analyses, which were performed using a 102 103 continuous-flow isotope ratio mass spectrometer at UC Davis Stable Isotope Facility (USA). 104 Stable isotopes ratios are expressed in δ notation, as part per thousand deviation from standard 105 material, Pee Dee belemnite limestone for δ^{13} C and atmospheric nitrogen for δ^{15} N according to 106 the equation:

107 $\delta X = [(\text{Rsample / Rstandard}) - 1] \times 1000 \text{ where } X \text{ is } {}^{15}\text{N or } {}^{13}\text{C} \text{ and } \text{R} \text{ is the corresponding ratio}$ 108 ${}^{15}\text{N};{}^{14}\text{N or } {}^{13}\text{C};{}^{12}\text{C}.$

109 To discard a spatial structure of the isotopic values in feathers we compared the standardized 110 Euclidian geographical distance and isotopic distance matrices. We standardized the 111 geographical and isotopic values by subtracting the mean of all elements in the matrix from 112 each observation and then dividing by the SD (Fortin and Gurevitch 2001). The significance of 113 the relationship was assessed using a simple Mantel test with 1000 randomizations with the 114 software *zt* provided by Bonnet and Van de Peer (2002).

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116 Trophic niche breadth and population specialization

To calculate trophic niche breadth and trophic variability we used quantitative metrics based on 117 the position of individuals in the δ^{13} C- δ^{15} N space, and Euclidean distances (Layman et al. 2007) 118 We applied those metrics to the six subsets of the population (see above), using individuals as 119 measurement units. The individuals of each subset were plotted in a δ^{13} C- δ^{15} N niche space. To 120 121 estimate the total niche of each subset we measured the total area of the convex hull (TA) that 122 included the isotopic values of all individuals. To obtain null distributions of TA and test the significance of differences between subsets, we randomized the empirical data set of isotopic 123 signatures 1000 times and calculated TA in each resampled data set. P values were 124 approximated as the proportion of resampled data sets that exceeded the observed differences; 125 for forest patch comparisons, false discovery rate was controlled using the FDR adjustment 126 127 (Benjamini and Hochberg 1995).

128 To estimate the trophic variability within each subset of the population we calculated Euclidean 129 distances among individuals in the δ^{13} C- δ^{15} N bi-plot. First, we calculated the distance of each

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individual to the isotopic centroid of its subset (CD), providing an index of the trophic diversity
in females and males. Then we calculated the coefficient of variation of the distances from each
individual to its same-sex neighbors in the isotopic space (CVND), which gives a measure of
the clustering of values and trophic redundancy (Quevedo et al. 2009).

134 Two-way ANOVAs and post hoc Tukey tests were used to test for differences among forest

patches and between sexes regarding mean δ^{13} C and δ^{15} N values, CD (square root transformed

to achieve normality) and CVND.

137 CD and CVND were calculated in a GIS. Convex hulls and TA were calculated using package

138 Adehabitat (Calenge 2006), an extension to R statistical environment (R Development Core

139 Team 2010), which we used for all the statistical analyses.

141 **Results**

142 Mean δ^{13} C and δ^{15} N isotopic values significantly differed between males and females and 143 among forest patches (Table 1, Fig. 2). Forest patch explained the majority of δ^{13} C (75 %) and 144 δ^{15} N variance (40%; the rest of δ^{15} N variance was equally distributed between sex and residual 145 variance). Capercaillie feathers in oak patches showed higher values of δ^{13} C than in birch and 146 beech patches whereas birch patches showed higher values of δ^{15} N than beech and oak ones 147 (Tukey HSD tests, Table 2, Fig. 2). Males showed higher values for both isotopes (Tukey HSD 148 tests, Table 2, Fig. 2).

Capercaillie total niche space (TA) varied among forest patches and between sexes. TA was
significantly bigger in beech and birch patches than in oak ones (Table 3). Females showed
significantly larger values than males (Table 3).

152 CD and CVND were significantly different among forest patches and CD was marginally larger 153 for females (Table 3). Neither CVND between sexes nor both interactions significantly differed. 154 CD was significantly shorter in oak patches than in birch ones (p = 0.013 in Tukey HSD tests) 155 whereas the significant differences in CVND among forest patches were determined by lower 156 values for oak patches than for birch and beech patches (p = 0.006 and p = 0.002 in Tukey HSD 157 tests, respectively, Table 3).

There was no spatial structure in the isotopic values, i.e. no significant correlation was found between the standardized Euclidian geographical distance and the isotopic distance matrices (Mantel test: r = 0.004, p = 0.42).

163 Discussion

164 Trophic sexual dimorphism

165 A stable isotope analysis of molted feathers is a valuable, unintrusive tool to study the trophic 166 ecology of an endangered, elusive bird, the Cantabrian Capercaillie. We found that females and 167 males of this Capercaillie population showed differences in their average isotopic signatures, 168 which could be related to distinct habitat use; females and males also showed distinct trophic 169 variability, both results consistent with a sexually dimorphic species with marked separation of 170 reproductive roles. Such differences suggest relevant dietary segregation within the population 171 among individuals from different sexes, likely related to spatial segregation of females and 172 males during the molt.

173 Using stable isotopes to study resource selection by herbivores has difficulties because of the wide variability of isotopic signatures in primary producers; intrinsic variances in plant 174 signatures in pure C3 environments could have been expected to yield statistically undetectable 175 176 differences between herbivore individuals, whereas carnivores in a similar system should render 177 simpler interpretations because the variability of primary producers is averaged up the successive trophic levels (e.g. Fry 2008). Despite to the presumed difficulties, we found marked 178 179 differences between sexes within the different microhabitats. Males and females differed in average isotopic values, with males showing higher δ^{13} C and δ^{15} N isotopic signatures (Fig. 2); 180 181 they also differed in the trophic niche breadth and variability, reflecting distinct dietary variation 182 of each sex. Regardless of the smaller sample size for females, their overall trophic niche (TA) 183 was wider (Table 3) suggesting a more generalized diet (Storch et al. 1991; Odden et al. 2003; 184 Borchtchevski 2009). In addition, longer distances to the isotopic centroid (CD; Table 3) 185 indicated higher trophic diversity, i.e., females showed greater variability in resource use. 186 Overall, differential trophic variability for each sex is apparent; females show a wider niche, 187 with a higher level of intra-gender diversity compared to males that had more specialized diets

188 with less intra-gender variability in resource use. These results thus lend support to the niche189 variation hypothesis (Van Valen 1965; Bolnick et al. 2007).

190 Our results suggest distinct trophic variability for each gender, which may be related to spatial 191 separation in foraging; females use the more diverse and less homogeneous treeline forests, 192 while males mainly use the inner areas of the forests during molting (Rolstad et al. 1988; Ménoni 1990; Bañuelos et al. 2008). Our main contribution to previous knowledge of 193 194 Capercaillie feeding ecology (Storch et al. 1991; Odden et al. 2003; Borchtchevski 2009) is to 195 reveal sex-related trophic variability in Capercaillie by means of stable isotope analysis, and 196 trophic differences likely driven by habitat segregation. Using radio-tracking data, summer 197 spatial sexual segregation is also found in Scandinavian Capercaillie populations related to 198 differential sexual constraints of both predation and nutritional requirements (Rolstad et al. 199 1988), but not in the Alps where both sexes were reported to overlap in habitat use, converging 200 in old forests with a well developed understory (Storch 1993).

From the viewpoint of conservation biology, results indicated sex-biased vulnerability to habitat change and likely differential responsiveness to habitat management. Thus, it should be again stressed that conservation measures should take into account for sex-related variation, (e.g. Durell 2000; Bolnick et al. 2003).

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206 Site fidelity during the molting season

The kind of forest patch explained most variance for both isotopes. This is a very interesting result considering (i) the montane forest structure in the Cantabrian Mountains, (ii) our sampling design and (iii) the ecology of Capercaillie. First, our study area included the montane forests within the entire Cantabrian Capercaillie distribution range (Fig. 1). These forests show a highly fragmented pattern, where different canopy species often build small, interspersed patches (García et al. 2005). Second, feathers sampled in a given year and sorted to the dominant patch type where they were found, were actually formed during the previous molting 214 season, i.e. one year before collection. Third, Capercaillie is an herbivorous bird that needs to 215 devote extra-time to foraging (Sedinger 1997; Van Gils et al. 2007), and it is likely to use 216 income resources to grow feathers (Thomas 1988; Meijer and Drent 1999). On the basis of these 217 previous studies, Capercaillie molting and foraging activities are likely to overlap in time and 218 space, and hence feathers are likely to reflect the trophic resources used in the forest patches 219 where molt and growth occur. Thus, the striking differences found among average isotopic 220 signatures of feathers collected in patches dominated by distinct tree species suggest that birds 221 consistently selected certain forest types to molt. These differences might also indicate reduced 222 home ranges during this period of the annual cycle due to fragmentation and small patch size. 223 These findings agree with the smaller summer home ranges and with the observed return to 224 summer molting places in consecutive years in other Capercaillie populations (Rolstad et al. 225 1988; Storch 1993). It is worth noting that the high site fidelity suggested here is microhabitat-226 related, i.e. individuals are seemingly returning to the same kind of forest patch during the 227 molting period.

228 The isotopic approach in terrestrial systems has been widely used to assess predator diets or to 229 evaluate the relative contribution of C3 and C4 plants to herbivore diets in tropical areas 230 (reviewed in Kelly 2000, for birds and mammals). However, its application to study the feeding 231 ecology of terrestrial herbivores inhabiting pure C3 plant environments is quite challenging 232 (Herrera et al. 2003; Stewart et al. 2003; Feranec 2007; Symes and Woodborne 2009). In this study, we have found distinct average isotopic values in the feathers found in each forest type, 233 234 which might be a consequence of the set of particular conditions that determine the dominance of one species or the other in the canopy of the forest patches. For instance, $\delta^{13}C$ indicates 235 differences in moisture regimes; hence the higher δ^{13} C values in oak patches may reflect more 236 237 xeric conditions in this kind of forest (Heaton 1999). However, this study was not designed to 238 find a mechanistic proximate explanation for the isotopic signature of each subset of the 239 population and further research on fractionation and isotopic routing for exclusively C3-plant consumers would greatly improve the possibilities of this approach and, therefore, theknowledge of the feeding ecology of terrestrial herbivores inhabiting these environments.

242 Isotopic applications and caveats

243 Stable isotope analyses do have several advantages over traditional techniques (reviewed in 244 West et al. 2006; Inger and Bearhop 2008). However, the approach is indirect; it does not have 245 the resolution required to capture subtle, yet meaningful, differences in resource use that could 246 be derived from analyses of stomach content or droppings, approaches more directly related to 247 birds' natural history. Hence, future research combining both isotopic and microhistological 248 analysis of inert tissues and droppings, respectively, may provide more robust dietary 249 information spanning different time-scales (e.g. Hobson and Clark 1992; Bearhop et al. 2002). 250 This would be particularly useful to study the trophic ecology of elusive species (i.e. sexual or 251 age-class trophic partitioning, population trophic structure; Post 2003; Newsome et al. 2007). 252 Furthermore, unintrusive studies using droppings to obtain data on population structure and 253 stress levels (e.g. Thiel et al. 2005; Jacob et al. 2010), combined with isotopic information may provide mechanistic insights into the feeding ecology of animals and open new research paths in 254 255 trophic ecology.

256 Other caveats that could affect our results are related to the intrinsic isotopic variance in 257 resources, and to different metabolic routing of distinct diet components (Matthews and 258 Mazumder 2004; Araújo et al. 2007; Martínez del Rio and Anderson-Sprecher 2008). In our 259 study we minimized potential biases due to intrinsic resource variance by including 260 microhabitat (patch type) as a variable in the analyses. In addition, our goal was mainly to get 261 comparative measures of trophic niche, rather than estimating the proportion of diet items; 262 although the lack of baseline suggests a cautious interpretation of the results, we considered that 263 baseline isotopic variance is unlikely to obscure the clear patterns identified here.

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- 415 Tables
- 416 **Table 1**

417 ANOVA table comparing the effects of sex and forest patch on the isotopic signatures of

418 Capercaillie feathers.

Variable	$\delta^{13}C$ $\delta^{15}N$		
Sex	$F_{1,122} = 4.56; p = 0.034$	$F_{1,122} = 5.56; p = 0.019$	
Forest	$F_{2,122} = 10.30; p < 0.001$	$F_{2,122} = 3.49; p = 0.033$	
Sex*Forest	$F_{2,122} = 3.03; p = 0.052$	$F_{2,122} = 0.79; p = 0.453$	

421 **Table 2**

422 $\delta^{13}C$ and $\delta^{15}N$ isotopic values (mean \pm SD) in feathers of Capercaillie for sex and forest patch .

423 Different superscripts indicate significant differences among groups after Tukey tests (p <0.05).

Sex	δ ¹³ C	$\delta^{15}N$	
Male	-24.1 ± 0.6^{a}	1.5 ± 1.0 ^a	
Female	$-24.4\pm0.5^{\text{ b}}$	$1.1 \pm 1.3^{\mathrm{b}}$	
Forest			
Birch	-24.3 ± 0.5 ^a	$1.9\pm1.4^{\text{ a}}$	
Beech	$-24.5\pm0.6~^{a}$	$1.2\pm1.1^{\mathrm{b}}$	
Oak	-23.9 ± 0.5 ^b	$1.1\pm1.0^{\text{ b}}$	

427 **Table 3**

Summary of trophic niche metrics (mean \pm SD) and comparisons among birch, beech and oak forests and between males and females. TA represents the total area of the convex hulls that included δ^{13} C- δ^{15} N isotopic values of each of the subsets; CD shows the distance of each individual to the isotopic centroid of its subpopulation; CVND is the coefficient of variation of distances from each individual to its neighbors in the isotopic space. *P* values for TA were estimated as the proportion of resampled data sets that exceeded the observed difference; for the forest variable, *p* values correspond to birch-beech, birch-oak and beechoak forest patch comparisons after controlling for false discovery rate (FDR). *F* values correspond to two-way ANOVAs.

	ТА		CD		CVND	
Forest	Male	Female	Male	Female	Male	Female
Birch	4.37	8.38	1.30 ± 0.75	1.53 ± 0.78	0.54 ± 0.12	0.54 ± 0.09
Beech	7.36	7.82	1.03 ± 0.55	1.16 ± 0.82	0.52 ± 0.13	0.56 ± 0.12
Oak	3.48	4.08	0.88 ± 0.41	1.06 ± 0.47	0.46 ± 0.06	0.45 ± 0.11
Variable						
Sex	p = 0.012		F _{1,122} = 3.84; p = 0.052		$F_{1,122} = 1.09; p = 0.29$	
Forest	p = 0.22; p = 0.050; p = 0.012		$F_{2,122} = 4.88; p = 0.013$		F _{2,122} = 7.09; p < 0.001	
Sex*Forest	-		F $_{2,122} = 0.06; p = 0.94$		F $_{2,122} = 0.73$; p = 0.48	

433 Figure captions

- 434 Fig. 1
- 435 Study area and approximate area of occupancy of Cantabrian Capercaillie (in grey), mapped by
- 436 plotting buffer areas of 2-km radius around display grounds occupied in 2007 (see Storch 2007,
- 437 for criteria). Flags correspond to feather collection points for males (n = 74) and white dots for
- 438 females.
- 439 Fig. 2
- 440 δ^{13} C and δ^{15} N isotopic values (mean ± SE) for males and females of Cantabrian Capercaillie in
- 441 birch, beech and oak forest patches.



Fig. 1



