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Determination of free methionine in human blood plasma by species-specific isotope dilution HPLC-ICP-MS using ^{34}S -labelled methionine

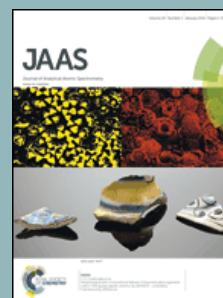
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1 **Determination of free methionine in human blood plasma by species-**
2 **specific isotope dilution HPLC-ICP-MS using ³⁴S-labelled methionine.**

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10 **Abstract**

11 A species-specific Isotope Dilution (ID) method is described for the determination of free
12 methionine in human blood plasma by High Performance Liquid Chromatography - Inductively
13 Coupled Plasma Mass Spectrometry (HPLC-ICP-MS) using ³⁴S-labelled methionine as species-
14 specific spike. The ³⁴S-labelled methionine was obtained from yeasts grown in a medium
15 enriched with ³⁴S (>91%) in the form of sulphate. Methionine was extracted from yeast using an
16 enzymatic digestion with protease XIV followed by isolation using preparative reverse phase
17 HPLC. Two separate batches of the labelled methionine standard were obtained. The ³⁴S-
18 labelled methionine standard solutions obtained were characterised both in terms of ³⁴S isotope
19 enrichment (82.7±0.6%) and total sulfur concentration (396 ± 6 µg/g) by reverse Isotope Dilution
20 HPLC-ICP-MS using a natural abundance methionine standard solution and a multicollector
21 instrument working in the pseudo-high resolution mode to avoid spectral interferences.
22 Additionally, the identity of the ³⁴S-labelled methionine isolated by preparative HPLC and its
23 isotope enrichment was confirmed by Gas Chromatography-Mass Spectrometry (GC-MS).

24 Human blood plasma samples were spiked with the ³⁴S-labelled methionine spike. Then,
25 plasma proteins were precipitated with trifluoroacetic acid and separated by centrifugation.
26 Methionine was separated from the rest of sulfur containing compounds by reversed phase
27 chromatography in isocratic mode using a mobile phase of 75 mM ammonium acetate (pH 7.4)
28 containing 2% of methanol. The retention time of methionine (8.3 minutes) was confirmed by
29 fortifying the samples with natural abundance methionine and also by collecting the methionine
30 peak and further analysis by GC-MS. Finally, methionine in human blood plasma samples was
31 determined by measuring the signals for ³²S and ³⁴S in a double focusing ICP-MS instrument
32 working at medium resolution (R=4000). Concentrations were calculated by integrating the
33 methionine peak for both masses and applying the isotope dilution equation after mass bias
34 correction. The recoveries for samples fortified at different concentration levels ranged between
35 98.4 and 100.5 %. Additionally, good agreement was obtained between the results found with
36 this method and those reported by the clinical laboratory using a validated routine method.

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3 37 **Keywords:** species-specific isotope dilution, ^{34}S -labelled yeast, ^{34}S -labelled methionine,
4 38 blood plasma samples, ICP-MS.
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8 40 **Introduction**

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10 41 The measurement of free methionine in blood is currently performed in clinical studies to detect
11 42 aminoacidopathies in paediatric population^{1,2}, an inherited enzyme catabolic alteration affecting
12 43 the metabolism of amino acids. The principal aminoacidopathy where methionine is involved is
13 44 the hypermethioninemia (MET)³, a disorder characterized by elevated concentrations of
14 45 methionine in the body. MET patients usually do not show signs of the illness. However, if MET
15 46 is untreated, it can cause learning delays, muscle weakness, and other health problems. On the
16 47 other hand, methionine is also monitored in blood to evaluate the nutritional status of certain
17 48 patients such as those with liver, kidney or neoplastic diseases⁴, burned⁵, with endocrine
18 49 disorders⁶, etc. Furthermore, in the last decades researchers have been studying the
19 50 methionine dependency of tumour cells⁷. They found a link between the methionine
20 51 concentration in blood and tumour growth. Different antitumor approaches have been applied
21 52 drawing on this unique characteristic of tumour cells^{8,9,10}.

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27 53 Quantification of methionine and other amino acids in biological, food and beverage samples
28 54 has been carried out using a chromatographic separation, usually liquid chromatography with
29 55 fluorescence¹¹, UV-VIS¹² or mass spectrometry¹³ detection. One of the most popular methods
30 56 for amino acid analysis, including methionine, is based on a liquid chromatography separation
31 57 and post-column derivatization with ninhydrin. The coloured product formed can be detected by
32 58 UV-VIS absorption¹⁴.

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36 59 As it is well known, the validation of these routine methodologies requires the use of standard
37 60 reference materials, the comparison with other analytical methodologies, usually reference
38 61 methods, or the participation in intercomparison exercises. In this sense, Isotope Dilution Mass
39 62 Spectrometry (IDMS) is internationally regarded as a reference or highly qualified primary ratio
40 63 method which has been used for the validation of clinical routine procedures¹⁵. However, if the
41 64 advantages of IDMS are to be fully exploited, the use of a spike solution containing the
42 65 compounds to be analysed in an isotopically labelled form (species-specific spiking) is required.
43 66 To do that, the composition and structure of the species of interest must be exactly known in
44 67 order to either synthesize the corresponding enriched species or acquire the proper spike
45 68 solution if it is commercially available¹⁶.

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50 69 In our laboratory, a ^{77}Se -labelled selenomethionine standard was synthesised by growing yeast
51 70 on a ^{77}Se -rich culture medium¹⁷. After harvesting, the yeast cells were disrupted and the cytosol
52 71 content hydrolysed using Protease XIV. Finally, the ^{77}Se -labelled selenomethionine was
53 72 isolated by anion exchange liquid chromatography from the protein digest and its concentration
54 73 determined by reverse IDMS using a natural selenomethionine standard. The ^{77}Se -labelled
55 74 selenomethionine standard was applied to the determination of selenomethionine in a selenized
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3 75 yeast candidate reference material, and the results obtained were in good agreement with those
4 76 reported by other laboratories¹⁷.

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6 77 Thereafter, yeast labelled with ³⁴S was also prepared in our laboratory by yeast growth on a ³⁴S-
7 78 enriched specially prepared, culture medium in the absence of natural abundance sulfur¹⁸. The
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9 79 final product was characterised both with reference to isotope enrichment and total sulfur
10 80 concentration by IDMS and isotope pattern deconvolution using a MC-ICP-MS instrument. The
11 81 ³⁴S-labelled yeasts have been used directly in metabolic studies with laboratory animals such as
12 82 rats¹⁹ and mice²⁰. The extraction of ³⁴S-labelled methionine from the yeast and its use as
13 83 standard for species-specific IDMS has not been, as far as we known, previously employed for
14 84 analytical purposes²¹.

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17 85 Consequently, the main objective of this research was the isolation and characterisation of ³⁴S-
18 86 labelled methionine from yeasts in order to prepare a standard spike solution that could be used
19 87 for species-specific IDMS. The identity of the species isolated, its isotope enrichment and
20 88 concentration were evaluated by both ICP-MS and GC-MS. Once analytically characterised, the
21 89 spike standard solution was applied to determine free methionine in human blood plasma and
22 90 the results compared with the methodology currently used in the Clinical Biochemistry service of
23 91 the Central Hospital of Asturias (HUCA, Oviedo, Spain) for the analysis of free amino acids in
24 92 human blood plasma (Biochrom AAA, amino acid analyser).

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31 94 **Experimental**

33 95 ***Reagents***

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35 96 A stock solution of 1000 mg/L of natural abundance S (as sulphuric acid in water) was
36 97 purchased from Merck (Darmstadt, Germany). Further dilutions of this stock solution were made
37 98 using ultra-pure water obtained from a Milli-Q system (Millipore Co., Bedford, MA, USA) to
38 99 prepare the different working aqueous standard solutions as required. Enriched ³³S and ³⁴S
40 100 were supplied from Cambridge Isotope Laboratories (Andover, MA, USA) as elemental powder.
41 101 Stock solutions of about 1000 mg/L were prepared dissolving the elemental powder with nitric
42 102 acid obtained by sub-boiling distillation and diluting with ultra-pure water. The standard spike
43 103 solutions in the form of sulphate were characterized in terms of concentrations and isotopic
44 104 abundances as described previously¹⁸. The natural abundance S and enriched ³³S and ³⁴S
45 105 solutions were kept refrigerated at 4°C. A mixture of the different sulfur isotopes, containing ca.
46 106 30 mg/L of natural S, enriched ³³S and enriched ³⁴S was made by diluting the stock solutions
47 107 using ultra-pure water. This mixture standard solution was employed for the configuration of the
48 108 cups and the optimisation of conditions in the multicollector instrument as described
49 109 previously²⁰. On the other hand, a neutral pH enriched ³⁴SO₄²⁻ solution was prepared by
50 110 neutralization of the stock solution with ammonia (Fluka Analytical, Buchs, Switzerland). This
51 111 neutral solution was employed in the yeast growth procedure.

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3 112 Natural abundance DL-methionine (>99%) was purchased from Sigma–Aldrich (St. Louis, MO,
4 113 USA). Ammonium acetate and HPLC-grade methanol were purchased from Fluka Analytical and
5 114 Merck, respectively. Both reagents were used to prepare the chromatographic mobile phases.

7 115 To carry out the enzymatic hydrolysis of the ³⁴S-labelled yeast, protease type XIV was supplied
8 116 by Sigma–Aldrich.

10 117 Yeast cells were grown using high purity nutrients obtained from Sigma–Aldrich: D-(+)-Glucose,
11 118 ammonium chloride, amino acids (arginine, glutamic acid, histidine, isoleucine, leucine, lysine,
12 119 phenylalanine, proline, serine, threonine, tyrosine, tryptophan and, valine), adenine, uracile,
13 120 vitamins (thiamine hydrochloride, riboflavin 5'-monophosphate sodium salt, nicotinic acid, D-
14 121 pantothenic acid hemicalcium salt, pyridoxine hydrochloride, (+)-biotin N-hydroxysuccinimide
15 122 ester, myo-inositol, folic acid and 4-aminobenzoic acid), boric acid, potassium iodide, iron(III)
16 123 chloride, sodium molybdate dehydrate, manganese(II) chloride tetrahydrate, zinc chloride,
17 124 copper(II) nitrate hemi(pentahydrate), potassium phosphate monobasic, magnesium chloride
18 125 hexahydrate, sodium chloride and calcium chloride dihydrate.

20 126 N-tert-Butyldimethylsilyl-N-methyltrifluoroacetamide (MTBSTFA) with 1% tert-
21 127 Butyldimethylchlorosilane (TBDMSCI) was purchased from Sigma-Aldrich. MTBSTFA and
22 128 TBDMSCI were used as derivatizing and catalyst reagents in the GC-MS experiments,
23 129 respectively.

25 130 Trifluoroacetic acid (ReagentPlus®, 99%) was purchased also from Sigma-Aldrich. This reagent
26 131 was used to precipitate plasma proteins in the blood plasma samples.

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29 133 **Instrumentation**

31 134 The multicollector inductively coupled plasma mass spectrometer (MC-ICP-MS) used was a
32 135 Neptune Plus from ThermoFisher Scientific (Bremen, Germany) and was operated in the
33 136 pseudo medium resolution mode. The instrument was equipped with 9 Faraday cups. The
34 137 sample introduction system was a PFA-100 microconcentric nebulizer and a cyclonic spray
35 138 chamber. The nebulizer gas flow rate, torch position and ions lens settings were optimized for
36 139 higher sensitivity and the acquisition parameters were optimized for better precision of the
37 140 measurements of the sulfur isotope ratios. Experimental conditions were similar to those
38 141 described previously²⁰. The double focusing inductively coupled plasma mass spectrometer
39 142 (DF-ICP-MS) used was an Element II from ThermoFisher Scientific (Bremen, Germany), and
40 143 was operated at the medium resolution mode (R=4000). All measurements were made with the
41 144 standard sample introduction configuration of the instrument, that is, a Scott-type spray
42 145 chamber working at room temperature, a Meinhard concentric nebulizer and a Fassel torch. The
43 146 optimum instrumental settings for the measurement of sulfur isotope ratios in both instruments
44 147 are summarized in Table 1.

46 148 The preparative isolation of the ³⁴S-labelled methionine was performed on an HPLC system
47 149 (Agilent 1260 Infinity, Agilent Technologies, Santa Clara, CA) with an Agilent Zorbax Eclipse

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3 150 XDB column (9.4x250 mm, 5 μ m) equipped with an analytical-scale fraction collector and a
4 151 variable wavelength detector. Liquid chromatography separations for methionine
5 152 characterisation and blood plasma samples were performed on a Surveyor LC Pump Plus
6 153 (ThermoFisher Scientific, Bremen, Germany) using a Discovery BIO Wide Pore C18 reverse
7 154 phase column (15 cm X 2.1 mm, 5 μ m particle size, Supelco, Bellefonte, Pennsylvania, USA).

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10 155 Methionine characterization by GC-MS was carried out using a gas chromatograph, Agilent
11 156 7890, coupled to a triple quadrupole mass spectrometer; Agilent 7000 Series Triple Quad
12 157 GC/MS (Agilent Technologies, Wilmington, DE, USA) operating at 70 eV. The GC was fitted
13 158 with a split/splitless injector and a DB-5 MS capillary column (cross-linked 5% phenyl-methyl
14 159 siloxane, 30 m x 0.25 mm i.d., 0.25 μ m coating).

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18 160 A Spill Mill Plus from Analytik Jena AG (Jena, Germany) was used for the disruption of the yeast
19 161 cells. A thermomixer compact from Eppendorf (Hamburg, Germany) was used to carry out the
20 162 enzymatic hydrolysis and the derivatization for GC-MS analysis. A centrifuge 5810R D from
21 163 Eppendorf were employed for the centrifugation of the samples. All samples were dried using a
22 164 centrifugal vacuum concentrator (Genevac, Suffolk, UK) to remove water and organic solvents.
23 165 All standard solutions were prepared gravimetrically using an analytical balance model AB204-S
24 166 (Mettler-Toledo GmbH, Greifensee, Switzerland).

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28 167 A pH-meter model Basic 20 from Crisson (Barcelona, Spain) was used for pH adjustment. The
29 168 yeast growth was followed by measuring the optical density spectrophotometrically at 600 nm in
30 169 a Spectronic 20 (Milton Roy).

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33 170 The Biochrom AA analyser (Biochrom Ltd, Cambridge, UK), used in the clinical laboratory of
34 171 HUCA, is a PC controlled automatic cation exchange liquid chromatograph with a post-column
35 172 detection system based on the oxidative deamination reaction of the α -amino group with
36 173 ninhydrin, liberating ammonia, carbon dioxide, an aldehyde with one less carbon atom and a
37 174 reduced form of ninhydrin, hydrindantin. The produced ammonia reacts with the hydrindantin
38 175 and another molecule of ninhydrin to yield a purple substance (Ruhemann's purple) that
39 176 absorbs around 570 nm.

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44 178 **Procedures**

45 179 Synthesis and isolation of ^{34}S -labelled methionine.

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48 180 *Saccharomyces cerevisiae* (common baker's yeast), AMW13C strain, was used for the
49 181 synthesis of ^{34}S -labelled yeast using a protocol developed in our laboratory¹⁸ but with some
50 182 changes that will be discussed later. Briefly, a synthetic culture medium was prepared avoiding
51 183 the use of sulphates in order to achieve a culture medium low in natural abundance sulfur.
52 184 Thus, manganese, zinc, copper and magnesium sulphates, usually used in this kind of culture
53 185 media, were substituted by the corresponding chloride salts. The sulfur source was ammonium
54 186 sulphate enriched in ^{34}S which was prepared in our laboratory as described above. The cells

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3 187 grew up in a controlled temperature room at 28°C with agitation. The stationary phase of yeast
4 188 growth was reached at 24 hours. Finally, cells were collected by centrifugation and rinsed with
5 189 ultra-pure water to remove the excess of inorganic sulfur. The ³⁴S-labelled yeast was stored at -
6 190 20°C until use.

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9 191 The stored yeast cells were mechanically disrupted with beads in a mill for 90 seconds. Then,
10 192 0.15 g of yeast was hydrolysed with 10 mg of protease XIV in a Tris-HCl 0.1M pH 7.5 medium.
11 193 Samples were incubated at 37°C during 24 hours. Hydrolyzed samples were further centrifuged
12 194 (4000 g, 15 min) and the supernatant collected and stored at -20°C until use.

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15 195 Finally, methionine was isolated by injecting the supernatant in a reverse phase HPLC column
16 196 coupled on-line with a UV-VIS detector (set at 210 nm) followed by a fraction collector. The
17 197 chromatographic conditions used are shown in Table 2. Fractions containing methionine from
18 198 several injections were collected between 9-9.8 minutes. The collected fractions were mixed,
19 199 dried, reconstructed in pure water, aliquoted in vials of 100 µL and stored at -80 °C until use.
20 200 Using this strategy, the spike material demonstrated to be stable for at least two years. About
21 201 300 µg of methionine were obtained for each gram of yeast (dry weight) prepared.

22 202 Characterization of the purified ³⁴S-labelled methionine

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25 203 The characterization of the purified ³⁴S-labelled methionine was carried out both in terms of
26 204 purity, concentration and isotope composition. Purity was tested by injecting the isolated ³⁴S-
27 205 labelled methionine standard in the reverse phase chromatograph with ICP-MS detection. The
28 206 concentration of sulfur in the ³⁴S-labelled standard was measured both by conventional IDMS
29 207 and species-specific isotope dilution HPLC-MC-ICP-MS. To do that, the ³⁴S labelled methionine
30 208 solution was diluted 1:100 with ultra-pure water. Then, a 1:1 mixture with a ³³S enriched
31 209 (conventional IDMS) or natural methionine (species-specific isotope dilution HPL-MC-ICP-MS)
32 210 standard solutions of 1 µg/g (as sulfur) were prepared. The ³⁴S/³³S isotope ratio of the mixture
33 211 was measured in the multicollector ICP-MS instrument using the conditions given in Table 1. A
34 212 natural abundance sulfur standard solution was measured prior to the mixtures for mass bias
35 213 correction. Finally, the concentration of methionine was calculated using the isotope dilution
36 214 equation described elsewhere¹⁶. The isotope composition of sulfur in the isolated methionine
37 215 standard was also measured by multicollector ICP-MS.

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40 216 On the other hand, confirmation of the presence of ³⁴S-labelled methionine and an alternative
41 217 measurement of its isotope enrichment was carried out by molecular mass spectrometry using
42 218 GC-MS. To do that, 200 µL of the stock solution were taken to dryness. The residue was
43 219 dissolved in 150 µL of MTBSTFA in 1% TBDMSCI and incubated for 10 min at 60°C on a
44 220 thermomixer. Finally, samples were centrifuged for 2 min at 14000g and the clear liquid was
45 221 transferred into vials for GC-MS analysis using the conditions summarized in Table 2. The ³⁴S
46 222 enrichment was calculated from the molecular isotope envelope using a procedure previously
47 223 developed in our laboratory²².

48 224 Methionine analysis in human blood plasma samples

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3 225 Human blood plasma samples were supplied by the Clinical Biochemistry service of the HUCA.
4 226 For methionine quantification, a weighed amount of the ^{34}S -labelled methionine solution was
5 227 added and then plasma proteins were precipitated using an excess of 10 volumes of
6 228 trifluoroacetic acid (TFA) for 1 volume of plasma. The mixture was brought to an ice bath for 15
7 229 min to favour protein precipitation. Then, the samples were centrifuged at 15000 g for 5 minutes
8 230 and the supernatants were collected and stored at -20°C until use.

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11 231 The analysis of methionine in the supernatant solutions was performed by reverse phase HPLC
12 232 column coupled on-line with a double focusing ICP-MS. The chromatographic conditions used
13 233 for the separation of methionine are shown in Table 2. Finally, human blood plasma methionine
14 234 concentration was calculated using the isotope dilution equation¹⁶.

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18 235 An aliquot of the same blood plasma samples had been previously analysed on a Biochrom
19 236 Amino Acid Analyser at HUCA, after a brief pretreatment consisting on fully deproteinisation
20 237 with sulphosalicylic acid, addition of n-Leu as internal standard, pH adjustment to 2.2 with
21 238 lithium hydroxide and filtration through a $0.2\ \mu\text{m}$ membrane filter to remove any remaining
22 239 particulate material. The obtained sample was injected from a temperature controlled
23 240 autosampler onto a column of cation exchange resin. Lithium citrate buffers of varying ionic
24 241 strength and pH from 2.8 to 3.55 are then pumped through the column to separate the various
25 242 amino acids. The column temperature is accurately controlled and adjusted automatically as
26 243 necessary to produce the separation. The column eluent is mixed with a ninhydrin reagent and
27 244 then passed through the reaction coil, maintained at $138\ ^{\circ}\text{C}$. From the reaction coil, the
28 245 eluent/ninhydrin mixture is pumped to the photometer unit, which measures the amount of light
29 246 absorbed at 570 nm and 440 nm. After each sample analysis, the column is regenerated by
30 247 pumping a strong base (0.3 M lithium hydroxide) through de column followed by equilibrating
31 248 buffer (pH 2.8), which adjusts the analytical column resin to its correct pH prior to the next
32 249 analysis.

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40 41 251 **Results and discussion**

42 43 252 ***Synthesis, isolation and confirmation of ^{34}S -labelled methionine***

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45 253 We have previously studied the optimal reagent quantities for the medium where yeast could
46 254 growth¹⁸ for the preparation of ^{34}S -labelled yeast. However, such studies were carried out on a
47 255 small scale (50 mL). For the isolation of enough ^{34}S -labelled methionine from yeast cells it was
48 256 required to scale-up the procedure. It was observed that, as the volume of the culture medium
49 257 increased the isotopic enrichment of sulfur in the yeast decreased. To overcome this problem,
50 258 several modifications in the culture medium were performed in order to increase de volume of
51 259 the culture medium to 2 L with minimal reduction in the sulfur isotope enrichment. Thus,
52 260 glutamic acid, phenylalanine, proline and serine were added to the mixture of amino acid and
53 261 the amount of each amino acid was increased from 20 to 75 mg per litre. The nitrogenous
54 262 bases uracil and adenine were also added (75 mg per litre). With this modified culture medium

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3 263 an isotopic enrichment between 91% and 94% in ^{34}S was achieved in the twelve separated
4 264 batches of yeast prepared. About 8 g of ^{34}S -labelled yeast were obtained from each batch of 2
5 265 litres of culture medium. The yeast obtained was mixed, homogenised and stored frozen at -
6 266 20°C until use. Enzymatic hydrolysis was done with protease XIV for the release of methionine
7 267 from the yeast proteins. The amount of protease XIV was optimized by measuring the amount
8 268 of methionine extracted. The range assayed was between 5 and 50 mg of protease XIV. The
9 269 optimum value was found at 10 mg of protease XIV (for 150 mg of yeast). For example, Figure
10 270 1 shows one of the reverse phase HPLC-ICP-MS chromatograms obtained after the hydrolysis
11 271 of yeast. The second peak in the chromatogram corresponds to ^{34}S -labelled methionine while
12 272 the first peak could be cysteine and/or glutathione as both compounds elute close to the dead
13 273 volume under the experimental conditions used. The isotope enrichment for ^{34}S in methionine is
14 274 higher than that of the first peak in the chromatogram while the isotopic enrichment of both
15 275 sulfur-containing compounds is clearly lower than the original isotopic enrichment of ^{34}S in the
16 276 yeast (91 to 94%) probably due to contamination with natural sulfur amino acids impurities from
17 277 protease XIV. of a methionine standard

18 278 The final isolation of the ^{34}S -labelled methionine was performed by injecting the hydrolysed
19 279 samples in a HPLC preparative system. Figure 2 shows the chromatograms obtained for a pure
20 280 standard of natural abundance methionine (Fig. 2A) and the hydrolysed sample (Fig. 2B)
21 281 detected by UV absorption at 210 nm. As can be observed, methionine eluted between 9-9.8
22 282 min (Figure 2A). Consequently, the system was set to collect fractions between 9-9.8 min. As it
23 283 can be seen in Figure 2B, when the hydrolysed samples were injected, a chromatographic peak
24 284 was also detected at the same retention time.

25 285 Final purity of the ^{34}S -labelled methionine spike was tested by injecting it in the reverse phase
26 286 chromatograph with ICP-MS detection. As it can be seen in Figure 3, a single peak was
27 287 obtained with retention time corresponding to that of a natural abundance methionine standard
28 288 indicating that no other sulfur-containing compounds were present.

29 289 The confirmation of the identity of ^{34}S -labelled methionine isolated in the previous step was
30 290 performed by GC-MS. The isolated sample and a natural abundance methionine standard were
31 291 derivatised as described in the procedures. The total ion chromatograms showed that,
32 292 methionine eluted at 27.9 minutes. Other peaks observed corresponded to side products of the
33 293 derivatising reagent. The fragmentation patterns of the two methionine solutions at 27.9 minutes
34 294 retention time are shown in Figure 4. Peaks at nominal masses 320, 292 and 218 in Figure 4A
35 295 (standard of natural abundance methionine) correspond to fragments which contain sulfur
36 296 because in Figure 4B (isolated ^{34}S -enriched methionine from yeast) they appear at nominal
37 297 masses 322, 294 and 220 (2 units higher due to the presence of ^{34}S instead of ^{32}S).

38 298 Peaks at nominal masses 320 and 218 (322 and 220 in Figure 4B) correspond to the loss of
39 299 C_4H_9 (-57 units) and $\text{C}_7\text{H}_{15}\text{O}_2\text{Si}$ (-159 units), respectively, probably following an α -homolytic
40 300 cleavage. Peak at nominal mass 292 (294 in Figure 4B) could correspond to the loss of C_6H_{13} or
41 301 $\text{C}_5\text{H}_9\text{O}$ (-85 units in both cases) but the cleavage mechanism is unclear²³. Other main peaks at

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3 302 nominal masses 147 and 73 do not contain sulfur as they appear at the same m/z in both
4 303 spectra. The high peak at nominal mass 73 could correspond to C_2H_7NSi formed from the
5 304 neutral loss of $C_{11}H_{23}O_2SSi$ (-247 and -249 units for ^{32}S and ^{34}S , respectively) in the fragment of
6 305 nominal mass 320 (322 in Figure 4B).
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10 307 **Characterization of the ^{34}S -labelled methionine**

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12 308 The isotopic enrichment of the isolated ^{34}S -labelled methionine standard solution was
13 309 determined by multicollector ICP-MS and the values obtained confirmed by alternative GC-MS
14 310 measurements. The ^{34}S isotopic enrichment obtained by direct nebulisation of the standard
15 311 solution in the multicollector instrument and by injecting such solution in the HPLC-MC-ICP-MS
16 312 system was $79.5 \pm 0.5\%$ and $82.7 \pm 0.6\%$, respectively. The small difference observed could be
17 313 due to a small contamination of natural abundance sulfur when analysing the spike solution by
18 314 direct nebulisation.
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23 315 For GC-MS, a natural sulfur methionine standard solution ($5 \mu\text{g/g}$ as sulfur) was derivatised and
24 316 injected in the GC-MS system in SIM mode measuring nominal masses 319 to 327 to study
25 317 cluster purity. The experimental isotope distributions were calculated as the ratio of each peak
26 318 area obtained for each mass divided by the sum of all peak areas measured. The experimental
27 319 isotope distribution observed was compared with the theoretical isotope distribution calculated
28 320 using the method of Kubinyi²⁴ and a Visual Basic macro for Excel developed in our
29 321 laboratory^{25,26}. It was observed that the contribution of the loss of hydrogen or the tailing of the
30 322 peaks at the low mass side in the experimental spectrum was only 0.2% of the measured
31 323 spectrum. Then, the isotope distribution of the labelled methionine spike was measured in the
32 324 same way and the isotope enrichment determined as described previously²².
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37 325 In brief, a Visual Basic macro for Excel was prepared to calculate 100 different theoretical
38 326 isotope distributions for the derivatised fragment of ^{34}S -labelled methionine using tentative ^{34}S
39 327 isotope enrichments between 80% and 100%. Then, the theoretical spectra were compared
40 328 with the experimental one by linear regression analysis. The right isotope enrichment was
41 329 selected as to that giving the minimum in the square sum of residuals between the calculated
42 330 and observed distributions.
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46 331 The ^{34}S enrichment obtained by GC-MS was $82.0 \pm 0.2\%$. This value is close to that calculated
47 332 by HPLC-MC-ICP-MS. In conclusion, the ^{34}S enrichment in methionine decreased around 10%
48 333 in comparison with the ^{34}S enrichment in the original yeast. These differences could be
49 334 attributed to natural sulfur methionine impurities in the proteases employed to hydrolyse the
50 335 yeast proteins. Finally, the enrichment value obtained by HPLC-MC-ICP-MS was employed in
51 336 further IDMS calculations.
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55 337 The concentration of sulfur in the purified ^{34}S -methionine spike was determined by two
56 338 alternative IDMS procedures. First, by direct nebulisation of the solution after spiking it with a
57 339 ^{33}S enriched spike and, second, by HPLC-MC-ICP-MS after spiking it with a standard solution of
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3 340 natural abundance methionine (species specific reverse IDMS). The final methionine
4 341 concentration (as sulfur) found in the purified amino acid solution was $401 \pm 5 \mu\text{g/g}$ by direct
5 342 nebulisation and $396 \pm 6 \mu\text{g/g}$ by species specific reverse IDMS, respectively. Both procedures
6 343 produced the same results as no other sulfur containing compounds were detected in the ^{34}S
7 344 spike.

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10 345 It was calculated that a total amount of $296 \mu\text{g}$ of ^{34}S -enriched methionine was obtained per
11 346 gram of (dry weight) yeast following the proposed procedure.

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14 348 ***Analysis of human blood plasma samples***

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17 349 Figure 5 shows the HPLC-ICP-MS chromatogram of a human blood plasma sample spiked with
18 350 the ^{34}S -labelled methionine spike. As it can be observed, free methionine can be separated
19 351 from other sulfur-containing compounds in human blood plasma samples following the reverse
20 352 phase chromatographic method described in the procedures. The $^{34}\text{S}/^{32}\text{S}$ isotope ratio for the
21 353 unknown sulfur compounds present in the blood plasma samples was 0.045 ± 0.001 . This value
22 354 indicates that the addition of the ^{34}S labelled methionine spike did not change the natural sulfur
23 355 isotope ratio of those compounds.

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27 356 For confirmation purposes, the fraction where the plasma blood methionine eluted under these
28 357 conditions (8-8.5 minutes) was collected and brought to the GC-MS instrument after
29 358 preconcentration and derivatisation. The total ion chromatogram obtained was similar to those
30 359 obtained for natural and ^{34}S -labelled methionine solutions, with the methionine peak eluting at
31 360 27.9 minutes. The mass spectrum for this peak eluting at 27.9 minutes from a human blood
32 361 plasma sample is shown in Figure 6. The pattern of this spectrum is identical to that obtained for
33 362 the natural sulfur methionine standard (Figure 4A) confirming the presence of methionine in the
34 363 fraction collected between 8-8.5 minutes in the HPLC system.

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39 364 Recoveries studies were carried out by adding a known amount of natural methionine to the
40 365 human blood plasma samples. The natural methionine was added before the precipitation of
41 366 plasma proteins. Three concentration levels were assayed by fortifying a human blood plasma
42 367 sample with 2, 4 and $8 \mu\text{g/g}$ of natural methionine (as sulfur). Fortified samples were analysed
43 368 by ID-HPLC-ICP-MS following the above described method. The recoveries found were
44 369 $98.4 \pm 0.6\%$, $100.5 \pm 0.9\%$ and $99.2 \pm 0.7\%$, respectively.

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48 370 Limits of detection and quantification were calculated as three and ten times the standard
49 371 deviation of the blank concentration²⁷, respectively. To do that, the blank solution was analysed
50 372 several times following the same procedure as the samples. The values obtained for the limits
51 373 of detection and quantification were 0.07 and $0.2 \mu\text{g/g}$ (0.5 and $1.6 \mu\text{mol/L}$) of methionine,
52 374 respectively.

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55 375 Finally, 13 human blood plasma samples were analysed three times by the method above
56 376 described and the results compared with those given by the Clinical Biochemistry Service of the
57 377 HUCA using the routine method described previously. Results obtained by both analytical

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3 378 methodologies, expressed in $\mu\text{mol/L}$, appear in Table 6. Please note that plasma methionine
4 379 concentrations as well as their related reference values for clinical applications usually are
5 380 expressed with only two significant figures. A statistical least squares fitting test was used to
6 381 compare the results found by both analytical methodologies. There were no evidences that both
7 382 methods give different results. On the other hand, the results found are within the reference
8 383 range for healthy adults.
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13 385 **Conclusions**

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15 386 The procedure to synthesize high volumes of ^{34}S -labelled yeast has been slightly improved by
16 387 changing the culture medium and avoiding contamination with natural abundance sulfur as far
17 388 as possible. The ^{34}S enrichment in the yeast was in all cases greater than 91% which means an
18 389 improvement of 25% with regard to previous works¹⁹. Unfortunately, it could be difficult to
19 390 improve such enrichment in future experiments due to the inevitable presence of several
20 391 sources of natural sulfur in the culture medium.
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24 392 A method to extract and isolate ^{34}S -labelled methionine from ^{34}S -labelled yeast has been
25 393 developed. In order to produce standard solutions of ^{34}S -labelled methionine, characterization,
26 394 in terms of concentration and isotope abundance, has been performed by multicollector ICP-MS
27 395 and the results compared with an alternative method based on GC-MS. Additionally, the identity
28 396 of the methionine standard was confirmed by GC-MS. Results show a small decrease in the ^{34}S
29 397 enrichment of the methionine (about 80%) with regard to the ^{34}S enrichment of the yeast (more
30 398 than 90%) due probably to contamination with natural sulfur methionine in the solutions
31 399 obtained.
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35 400 Nevertheless, once characterized, these solutions can be used as standard solutions of ^{34}S -
36 401 labelled methionine for species-specific isotope dilution of methionine in real samples. The
37 402 analysis of methionine in human blood plasma and the comparison of the results with the
38 403 routine, validated, method employed in the Clinical Biochemistry Service of the HUCA
39 404 demonstrate the validity of this procedure.
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44 406 **Acknowledgements**

45
46 407 The authors are grateful for financial support from Spanish Ministry of Economy and
47 408 Competitiveness through Project Ref. CTQ2012-36711 (co-funded by FEDER). The UE is
48 409 acknowledged for the provision of FEDER funds for the purchase of the MC-ICP-MS instrument.
49 410 Oscar Galilea San Blas acknowledges his doctoral grant to the University of Oviedo, Spain. The
50 411 authors thank Mario Fernández Fernández (University of Oviedo) for his help with the GC-MS
51 412 measurements.
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56 414 **References**

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Table 1.- Instrumental operating conditions and acquisition parameters

Parameters	Element II	Neptune Plus
Rf power	1350 W	1200W
Cool gas flow	14 L min ⁻¹ Ar	14 L min ⁻¹ Ar
Auxiliary gas flow	0.95 L min ⁻¹ Ar	0.9 L min ⁻¹ Ar
Sample gas flow	0.91L min ⁻¹ Ar	0.89 L min ⁻¹ Ar
Acquisition method	5 runs, 200 passes, 0.01 s sample time, 10 samples per peak, 3 s setting time	5 blocks, 10 cycles, 4.194 s integration time, 3 s idle time
Detector	SEM	Faraday cups
Cup Configuration		L4 ³² S C ³³ S H4 ³⁴ S

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Table 2.- Instrumental parameters used in the chromatographic separations.

HPLC conditions for methionine quantification in plasma blood samples	
Column	Discovery BIO Wide Pore C18
Injection Loop	20 μ L
Flow rate	80 μ L/min
Mobile phase	Ammonium acetate 75 mM, pH 7.4 , 2% methanol
Gradient	Isocratic mode
HPLC conditions for methionine isolation	
Column	Agilent Zorbax Eclipse XDB
Injection Loop	100 μ L
Flow rate	1.5 mL/min
Mobile phase	Ammonium acetate 75 mM, pH 7.4 , 2% methanol
Gradient	Isocratic mode
GC conditions for methionine characterization	
Column	DB-5 MS capillary column
Injection volume	2 μ L
Injection mode	Splitless mode with 1 min of purge time
Flow rate	2 mL/min
Carrier gas	Helium
Injector temperature	250°C
Interface temperature	280°C
Ion source temperature	230°C
Gradient	The column temperature was initially held at 60°C for 1 min, and then a temperature ramp of 5°C/min was applied until 320°C for 10 min. The total run time was 68 min

Table 3.- Results obtained for 13 human blood serum samples using the ID-HPLC-ICP-MS method (proposed method) and the routine method (HUCA).

Samples	Biochrom ($\mu\text{mol/L}$)	Proposed method (mean \pm standard deviation in $\mu\text{mol/L}$, n=3)
1	18	18.3 \pm 1.2
2	25	24.9 \pm 2.0
3	31	31.4 \pm 1.8
4	21	21.9 \pm 1.0
5	14	14.4 \pm 0.6
6	27	26.6 \pm 1.4
7	29	30.1 \pm 2.5
8	18	18.4 \pm 1.3
9	25	26.2 \pm 1.5
10	16	16.7 \pm 0.4
11	32	32.5 \pm 1.6
12	24	25.1 \pm 0.9
13	35	35.3 \pm 0.8

LEGEND OF FIGURES

Figure 1.- Chromatograms obtained after the enzymatic hydrolysis of yeast with protease XIV but before methionine isolation. Dashed and solid lines correspond to ^{32}S and ^{34}S , respectively

Figure 2.- Chromatograms obtained in the preparative HPLC system with UV-VIS detection at 210 nm injecting: A) a natural standard of 10 $\mu\text{g/g}$ methionine and B) sample from the enzymatic hydrolysis of yeast.

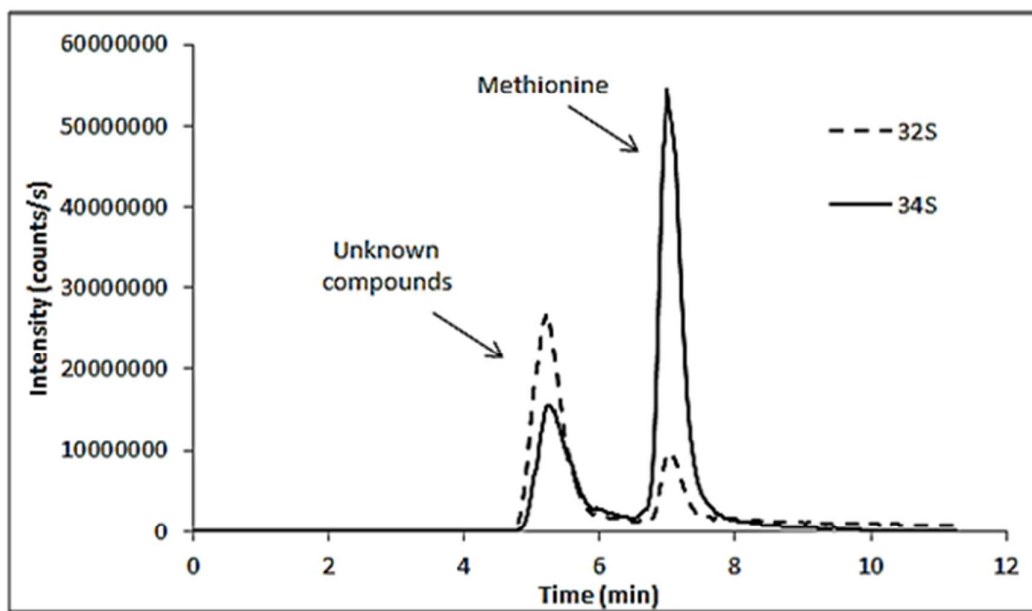
Figure 3.- HPLC-ICP-MS chromatogram of the isotopically enriched methionine standard solution obtained after isolation in the preparative HPLC system.

Figure 4.- GC-MS mass spectra obtained for: A) 5 $\mu\text{g/g}$ natural methionine solution and B) diluted ^{34}S enriched methionine solution

Figure 5.- HPLC chromatogram obtained for a human blood plasma sample after spiking with ^{34}S enriched methionine. Dashed and solid lines correspond to ^{32}S and ^{34}S , respectively.

Figure 6.- GC-MS mass spectrum for the fraction collected between 8-8.5 minutes using the HPLC separation

Figure 1



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Figure 2A

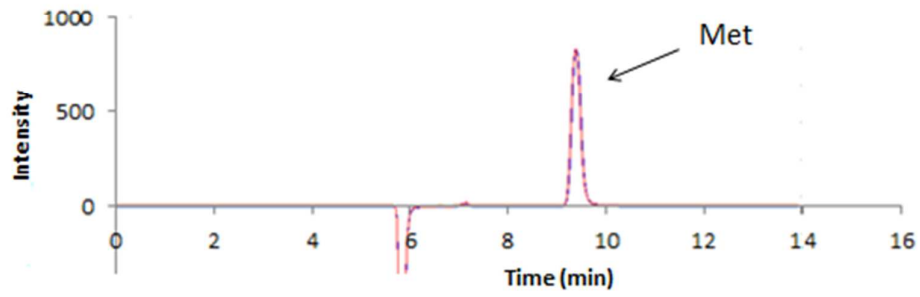


Figure 2B

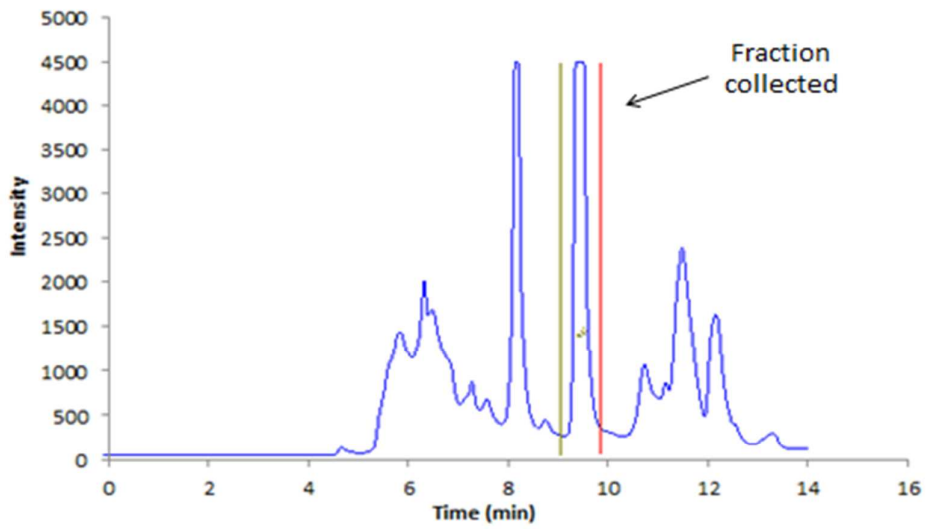
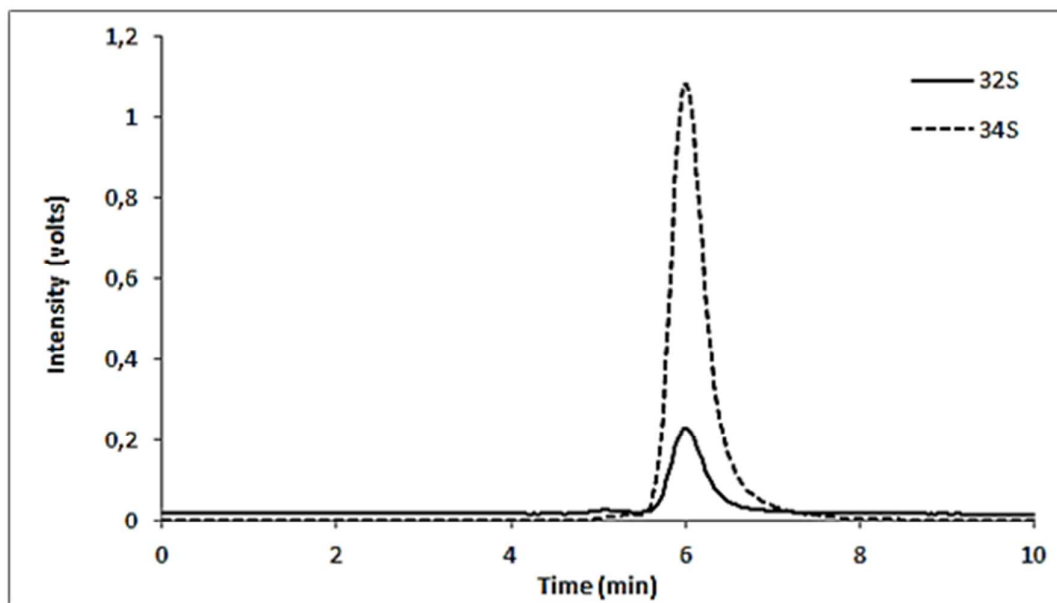


Figure 3



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Figure 4A

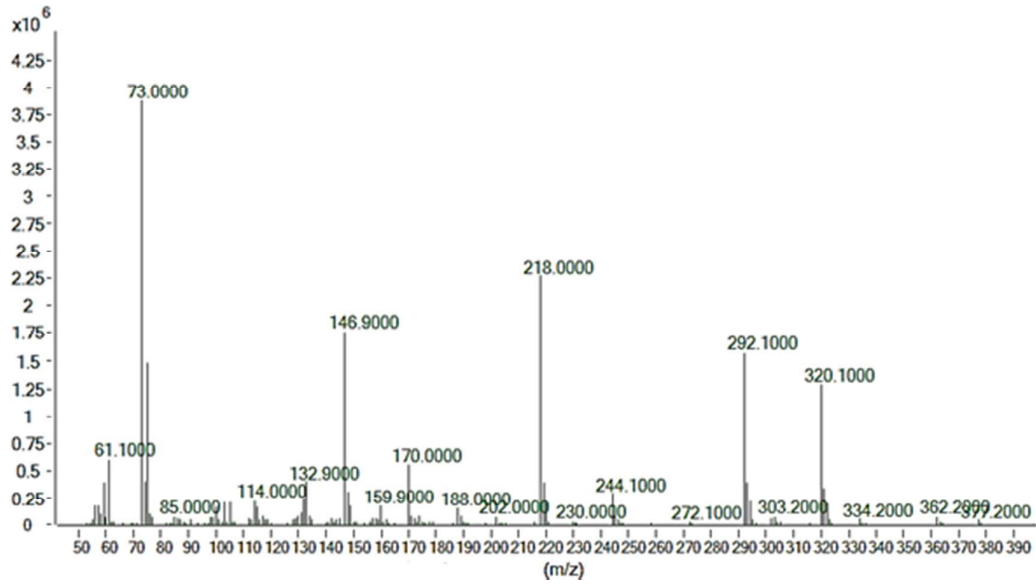


Figure 4B

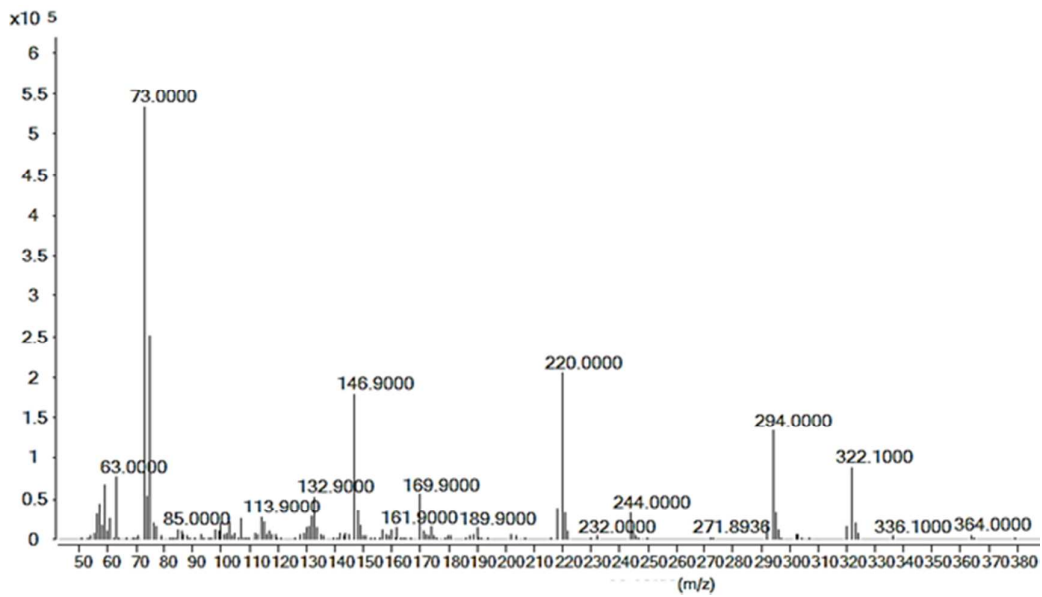
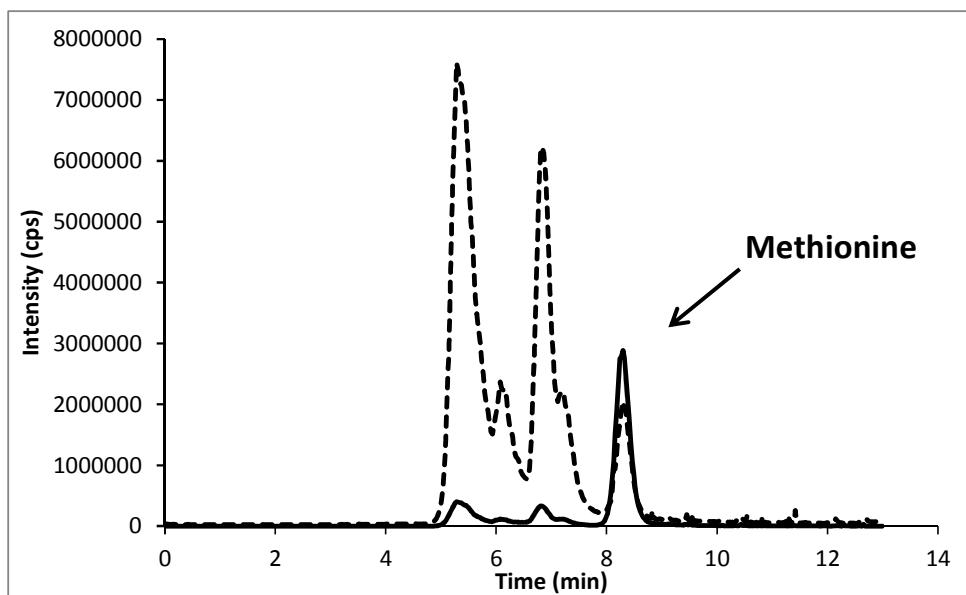
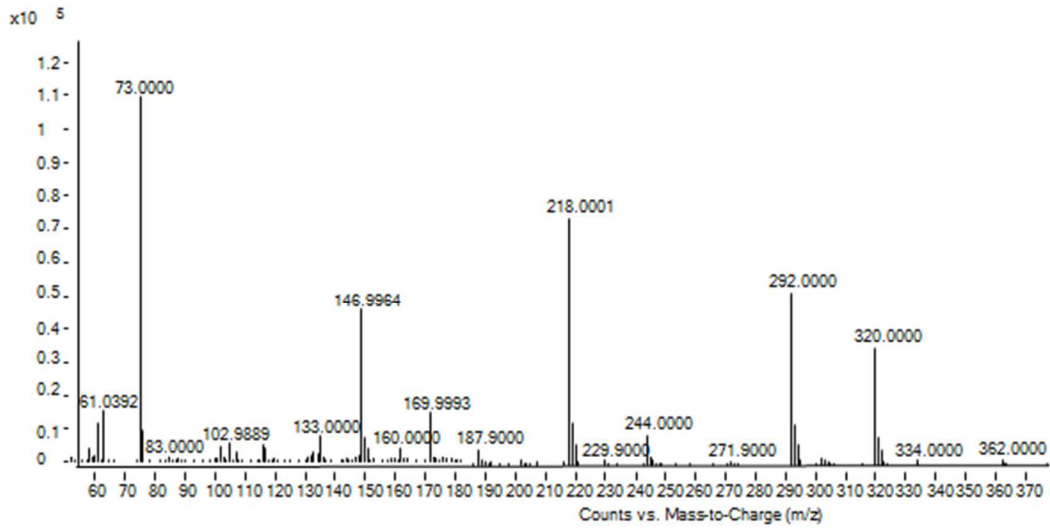


Figure 5



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Figure 6



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ANSWERS TO THE REVIEWERS**Comments to reviewer 1**

Question 1. In this work, the authors present an idea to determine free methionine in human blood plasma based on IDMS strategy. To some extent, the proposed strategy could make sense. However, there is still many important experimental data not included in this manuscript.

Answer 1. We appreciate your careful revision of the manuscript. Many changes have been introduced in order to take into account your comments and suggestions including new experiments to better characterize the spike solution.

Q2. In the confirmation of ^{34}S -labelled methionine, there are two peaks in figure 1. It should be noticed that the content of the first peak is also higher and could not be ignored. Therefore, the author should give evidence to prove that the unknown sulfur containing component did not affect the quantification of methionine in IDMS procedure.

A2. The chromatogram shown in Figure 1 was obtained after the enzymatic hydrolysis of yeast with protease XIV but before the isolation of the isotopically enriched methionine by preparative LC. In order to check the elimination of the unknown sulfur compounds present in the hydrolysed sample, the solution obtained following the isolation procedure was injected again in the HPLC-ICP-MS system. This chromatogram is the new Figure 3. As it can be seen in the new figure, only one peak, which appears at the retention time of methionine, was observed confirming the absence of other sulfur compounds in the purified solution of ^{34}S enriched methionine. This fact has been clarified in the new text. Also, this chromatogram was employed to measure again the isotope enrichment of methionine.

Q3. As we know, the prerequisite of species specific IDMS is that the spike can not have influence on any other sulfur-contained proteins in blood plasma. In figure 4, it was observed that the $^{32}\text{S}/^{34}\text{S}$ ratio of methionine was significantly changed. However, the author should give data to demonstrate the $^{32}\text{S}/^{34}\text{S}$ ratio of other sulfur proteins was not changed. Unfortunately, this aspect of data was missed.

A3. The $^{34}\text{S}/^{32}\text{S}$ isotope ratio for the unknown sulfur compounds present in the blood plasma samples was 0.0451 ± 0.001 . This value indicates that the addition of the ^{34}S labelled methionine spike did not change the natural sulfur isotope ratio of those compounds. This information has been now included in the text.

Q4. The information of Table 4 is far from enough. A new methodology should have a convincing method validation process. No any uncertainty information is in Table 4, and compared to traditional methods, the advantage of IDMS was not emphasized. In table 4, I cannot get the conclusion that the IDMS approach is better than the traditional one.

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3 A4. The reproducibility of the values found by the proposed methodology has been included in
4 the new table 4. Unfortunately, the data from the traditional method were given without
5 uncertainty for medical reasons.
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7 Q5. Overall, this work is far from a professional analytical article. Too much experiment
8 information was not included.
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10 A5. Sorry to give this impression. We have tried to improve the manuscript in the revised
11 version.
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14 15 16 **Comments to reviewer 2**

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18 Q6. The paper deals with the interesting topic of producing species specific spike material for
19 amino acids relying on biosynthesis via yeast and subsequent purification. Moreover, the paper
20 covers the proof of principle application, which is the quantitative determination of methionine
21 in human plasma. Overall I support publication in JAAS, because I think it is an interesting work.
22 However, prior to publication I would like to see additional data especially regarding the
23 quantification of methionine in plasma samples.
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26 A6. We appreciate your careful revision of the manuscript. Many changes have been
27 introduced in order to take into account your comments and suggestions.
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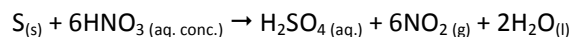
29 Q7. Since the authors claim to introduce a method which is of higher metrological order than
30 the routine methods applied in the clinics, it would be required to address basics of method
31 validations such as the uncertainty of the quantification method (or at least give repeatability
32 values for the investigated plasma samples). Moreover, limits of detection and quantification
33 should be added. Since there is a certified reference material for methionine (SRM 1950, NIST)
34 in human plasma, it would have been very elegant to use this material in the study.
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36

37 A7. The reproducibility of the values found by the proposed methodology has been included in
38 the new table 4. Additionally, the values of the limits of detection and quantification have
39 been included in the new text. Regarding the use of a Reference Material, you are completely
40 right. Unfortunately, such CRM for amino acids in plasma was not available in our laboratory or
41 in the Hospital at the time when the experiments were performed. The method used in the
42 Hospital was validated by intercomparison exercises so it could be considered as a reference
43 method.
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47 **Specific comments**

48 Q8. Culture medium: Just out of curiosity, do you really produce isotopically enriched sulfate by
49 oxidizing elemental sulfur via dissolution in nitric acid. I was wondering about this, since in fact
50 this oxidation would result in sulfite and not sulfate?
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53 A8. As far as we know, hot concentrated nitric acid oxidizes sulfur to sulfate according to:
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3 Ion chromatography separations showed that the oxidized sulfur compound eluted at the
4 retention time of sulfate (experiments performed a few years ago).

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6 *Q9. Did the authors address the stability of the spike material, since methionine is known to*
7 *rapidly degrade? Are there any investigations in this regard?*
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9
10 A9. After purification by preparative LC, the spike material was aliquoted in vials of 100 μL and
11 stored at -80°C . The different vials employed during the last two years did not show any
12 degradation. This fact has been now mentioned in the procedures.
13

14 *Q10. Figure 1: Was this chromatogram obtained with or without implementing protein*
15 *precipitation? What would be the retention time of cysteine or glutathione in this separation?*
16 *Please flag the peaks within the figure, it should not only be described in the text that peak 1*
17 *corresponds to unknown and peak 2 to methionine. The explanation that there are sulfur*
18 *amino acid impurities in the protease would not result in a less enriched unknown peak, but*
19 *would in fact reduce the relative ^{34}S content of the methionine as well?*
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21

22 A10. The chromatogram of Figure 1 was obtained directly after enzymatic hydrolysis of the ^{34}S -
23 enriched yeast with protease. Please note that no protein precipitation was performed in this
24 procedure. All sulfur peaks observed should correspond to sulfur-containing amino acids or
25 glutathione. The first peak eluted close to the dead volume of the column and could be either
26 cysteine or glutathione (both eluted at the dead volume under these conditions, so they could
27 be present in the first peak). This is clarified in the text. Peaks have been flagged in the new
28 figure. Finally, the sulfur isotopic enrichment in the first unknown peak is much lower than in
29 the methionine peak. This fact could be attributed to the presence of higher amounts of
30 impurities of cysteine or other sulfur peptides (as glutathione) from the protease XIV and the
31 lower amounts of such compounds in the hydrolyzed sample. The isotope enrichment of
32 methionine was also reduced to 82% from the original 92% in the yeast.
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37 *Q11. The amount of spike material produced by the described procedure is not clear, the*
38 *authors give just a concentration of $400\ \mu\text{g/g}$ and it is not clear whether that is just the*
39 *concentration obtained by preparative HPLC in the purified amino acid solution? It would be*
40 *good to know how much it was per gram dry weight yeast or at least what amount of ^{34}S was*
41 *the result of the fermentation. Moreover, what would be the ideal conditions to store the*
42 *spike? In solution? Speedvac treatment? What is the overall stability of the spike?*
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45 A11. The total amount of spike material produced is now indicated in the text. As it was
46 described in the procedures, the collected fractions were mixed, dried and reconstructed in
47 pure water. The concentration of $400\ \mu\text{g/g}$ is the concentration in the solution obtained after
48 reconstruction in pure water. As it has been indicated above, the spike material was stored at -
49 80°C in vials of $100\ \mu\text{L}$. Using this strategy, the spike material demonstrated to be stable at
50 least two years. This information is now available in the manuscript.
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53 *Q12. It would be desirable to give recoveries with uncertainty for the fortified plasma samples.*
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55 A12. These uncertainties have been indicated in the revised text.
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Q13. I would like to express once more the need for giving uncertainties along with quantitative values (or at least precision values) in a paper on isotope dilution. (Table 3). Moreover, it would be required to address limit of detection and quantification.

A13. We have included all these data in the revised version of the manuscript.

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1 **Determination of free methionine in human blood plasma by species-**
2 **specific isotope dilution HPLC-ICP-MS using ³⁴S-labelled methionine.**

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10 **Abstract**

11 A species-specific Isotope Dilution (ID) method is described for the determination of free
12 methionine in human blood plasma by High Performance Liquid Chromatography - Inductively
13 Coupled Plasma Mass Spectrometry (HPLC-ICP-MS) using ³⁴S-labelled methionine as species-
14 specific spike. The ³⁴S-labelled methionine was obtained from yeasts grown in a medium
15 enriched with ³⁴S (>91%) in the form of sulphate. Methionine was extracted from yeast using an
16 enzymatic digestion with protease XIV followed by isolation using preparative reverse phase
17 HPLC. Two separate batches of the labelled methionine standard were obtained. The ³⁴S-
18 labelled methionine standard solutions obtained were characterised both in terms of ³⁴S isotope
19 enrichment (82.7±0.679.5%) and total sulfur concentration (396404 ± 65 µg/g) by reverse
20 Isotope Dilution HPLC-ICP-MS using a ³³S-enriched inorganic standard/natural abundance
21 methionine standard solution and a multicollector instrument working in the pseudo-high
22 resolution mode to avoid spectral interferences. Additionally, the identity of the ³⁴S-labelled
23 methionine isolated by preparative HPLC and its isotope enrichment was confirmed by Gas
24 Chromatography-Mass Spectrometry (GC-MS).

25 Human blood plasma samples were spiked with the ³⁴S-labelled methionine spike. Then,
26 plasma proteins were precipitated with trifluoroacetic acid and separated by centrifugation.
27 Methionine was separated from the rest of sulfur containing compounds by reversed phase
28 chromatography in isocratic mode using a mobile phase of 75 mM ammonium acetate (pH 7.4)
29 containing 2% of methanol. The retention time of methionine (8.3 minutes) was confirmed by
30 fortifying the samples with natural abundance methionine and also by collecting the methionine
31 peak and further analysis by GC-MS. Finally, methionine in human blood plasma samples was
32 determined by measuring the signals for ³²S and ³⁴S in a double focusing ICP-MS instrument
33 working at medium resolution (R=4000). Concentrations were calculated by integrating the
34 methionine peak for both masses and applying the isotope dilution equation after mass bias
35 correction. The recoveries for samples fortified at different concentration levels ranged between

* To whom correspondence should be addressed.

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6 36 98.4 and 100.5 %. Additionally, good agreement was obtained between the results found with
7 37 this method and those reported by the clinical laboratory using a validated routine method.

8
9 38 **Keywords:** species-specific isotope dilution, ³⁴S-labelled yeast, ³⁴S-labelled methionine,
10 39 blood plasma samples, ICP-MS.

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12 40

13 41 Introduction

14
15 42 The measurement of free methionine in blood is currently performed in clinical studies to detect
16 43 aminoacidopathies in paediatric population^{1,2}, an inherited enzyme catabolic alteration affecting
17 44 the metabolism of amino acids. The principal aminoacidopathy where methionine is involved is
18 45 the hypermethioninemia (MET)³, a disorder characterized by elevated concentrations of
19 46 methionine in the body. MET patients usually do not show signs of the illness. However, if MET
20 47 is untreated, it can cause learning delays, muscle weakness, and other health problems. On the
21 48 other hand, methionine is also monitored in blood to evaluate the nutritional status of certain
22 49 patients such as those with liver, kidney or neoplastic diseases⁴, burned⁵, with endocrine
23 50 disorders⁶, etc. Furthermore, in the last decades researchers have been studying the
24 51 methionine dependency of tumour cells⁷. They found a link between the methionine
25 52 concentration in blood and tumour growth. Different antitumor approaches have been applied
26 53 drawing on this unique characteristic of tumour cells^{8,9,10}.

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30 54 Quantification of methionine and other amino acids in biological, food and beverage samples
31 55 has been carried out using a chromatographic separation, usually liquid chromatography with
32 56 fluorescence¹¹, UV-VIS¹² or mass spectrometry¹³ detection. One of the most popular methods
33 57 for amino acid analysis, including methionine, is based on a liquid chromatography separation
34 58 and post-column derivatization with ninhydrin. The coloured product formed can be detected by
35 59 UV-VIS absorption¹⁴.

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38 60 As it is well known, the validation of these routine methodologies requires the use of standard
39 61 reference materials, the comparison with other analytical methodologies, usually reference
40 62 methods, or the participation in intercomparison exercises. In this sense, Isotope Dilution Mass
41 63 Spectrometry (IDMS) is internationally regarded as a reference or highly qualified primary ratio
42 64 method which has been used for the validation of clinical routine procedures¹⁵. However, if the
43 65 advantages of IDMS are to be fully exploited, the use of a spike solution containing the
44 66 compounds to be analysed in an isotopically labelled form (species-specific spiking) is required.
45 67 To do that, the composition and structure of the species of interest must be exactly known in
46 68 order to either synthesize the corresponding enriched species or acquire the proper spike
47 69 solution if it is commercially available¹⁶.

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50 70 In our laboratory, a ⁷⁷Se-labelled selenomethionine standard was synthesised by growing yeast
51 71 on a ⁷⁷Se-rich culture medium¹⁷. After harvesting, the yeast cells were disrupted and the cytosol
52 72 content hydrolysed using Protease XIV. Finally, the ⁷⁷Se-labelled selenomethionine was
53 73 isolated by anion exchange liquid chromatography from the protein digest and its concentration

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6 74 determined by reverse IDMS using a natural selenomethionine standard. The ⁷⁷Se-labelled
7 75 selenomethionine standard was applied to the determination of selenomethionine in a selenized
8 76 yeast candidate reference material, and the results obtained were in good agreement with those
9 77 reported by other laboratories^{17,17,17}.

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11 78 Thereafter, yeast labelled with ³⁴S was also prepared in our laboratory by yeast growth on a ³⁴S-
12 79 enriched specially prepared, culture medium in the absence of natural abundance sulfur¹⁸. The
13 80 final product was characterised both with reference to isotope enrichment and total sulfur
14 81 concentration by IDMS and isotope pattern deconvolution using a MC-ICP-MS instrument. The
15 82 ³⁴S-labelled yeasts have been used directly in metabolic studies with laboratory animals such as
16 83 rats¹⁹ and mice²⁰. The extraction of ³⁴S-labelled methionine from the yeast and its use as
17 84 standard for species-specific IDMS has not been, as far as we known, previously employed for
18 85 analytical purposes²¹.

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21 86 Consequently, the main objective of this research was the isolation and characterisation of ³⁴S-
22 87 labelled methionine from yeasts in order to prepare a standard spike solution that could be used
23 88 for species-specific IDMS. The identity of the species isolated, its isotope enrichment and
24 89 concentration were evaluated by both ICP-MS and GC-MS. Once analytically characterised, the
25 90 spike standard solution was applied to determine free methionine in human blood plasma and
26 91 the results compared with the methodology currently used in the Clinical Biochemistry service of
27 92 the Central Hospital of Asturias (HUCA, Oviedo, Spain) for the analysis of free amino acids in
28 93 human blood plasma (Biochrom AAA, amino acid analyser).

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33 95 **Experimental**

34 96 ***Reagents***

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37 97 A stock solution of 1000 mg/L of natural abundance S (as sulphuric acid in water) was
38 98 purchased from Merck (Darmstadt, Germany). Further dilutions of this stock solution were made
39 99 using ultra-pure water obtained from a Milli-Q system (Millipore Co., Bedford, MA, USA) to
40 100 prepare the different working aqueous standard solutions as required. Enriched ³³S and ³⁴S
41 101 were supplied from Cambridge Isotope Laboratories (Andover, MA, USA) as elemental powder.
42 102 Stock solutions of about 1000 mg/L were prepared dissolving the elemental powder with nitric
43 103 acid obtained by sub-boiling distillation and diluting with ultra-pure water. The standard spike
44 104 solutions in the form of sulphate were characterized in terms of concentrations and isotopic
45 105 abundances as described previously^{18,18,18}. The natural abundance S and enriched ³³S and ³⁴S
46 106 solutions were kept refrigerated at 4°C. A mixture of the different sulfur isotopes, containing ca.
47 107 30 mg/L of natural S, enriched ³³S and enriched ³⁴S was made by diluting the stock solutions
48 108 using ultra-pure water. This mixture standard solution was employed for the configuration of the
49 109 cups and the optimisation of conditions in the multicollector instrument as described
50 110 previously^{20,20,20}. On the other hand, a neutral pH enriched ³⁴SO₄²⁻ solution was prepared by

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6 111 neutralization of the stock solution with ammonia (Fluka Analytical, Buchs, Switzerland). This
7 112 neutral solution was employed in the yeast growth procedure.

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9 113 Natural abundance DL-methionine (>99%) was purchased from Sigma-Aldrich (St. Louis, MO,
10 114 USA).

11
12 115 Ammonium acetate and HPLC-grade methanol were purchased from Fluka Analytical and
13 116 Merck, respectively. Both reagents were used to prepare the chromatographic mobile phases.

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15 117 To carry out the enzymatic hydrolysis of the ³⁴S-labelled yeast, protease type XIV was supplied
16 118 by Sigma-Aldrich (St. Louis, MO, USA).

17
18 119 Yeast cells were grown using high purity nutrients obtained from Sigma-Aldrich: D-(+)-Glucose,
19 120 ammonium chloride, amino acids (arginine, glutamic acid, histidine, isoleucine, leucine, lysine,
20 121 phenylalanine, proline, serine, threonine, tyrosine, tryptophan and, valine), adenine, uracile,
21 122 vitamins (thiamine hydrochloride, riboflavin 5'-monophosphate sodium salt, nicotinic acid, D-
22 123 pantothenic acid hemicalcium salt, pyridoxine hydrochloride, (+)-biotin N-hydroxysuccinimide
23 124 ester, myo-inositol, folic acid and 4-aminobenzoic acid), boric acid, potassium iodide, iron(III)
24 125 chloride, sodium molybdate dehydrate, manganese(II) chloride tetrahydrate, zinc chloride,
25 126 copper(II) nitrate hemi(pentahydrate), potassium phosphate monobasic, magnesium chloride
26 127 hexahydrate, sodium chloride and calcium chloride dihydrate.

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29 128 N-tert-Butyldimethylsilyl-N-methyltrifluoroacetamide (MTBSTFA) with 1% tert-
30 129 Butyldimethylchlorosilane (TBDMSCI) was purchased from Sigma-Aldrich. MTBSTFA and
31 130 TBDMSCI were used as derivatizing and catalyst reagents in the GC-MS experiments,
32 131 respectively.

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34 132 Trifluoroacetic acid (ReagentPlus®, 99%) was purchased also from Sigma-Aldrich. This reagent
35 133 was used to precipitate plasma proteins in the blood plasma samples.

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38 39 135 **Instrumentation**

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41 136 The multicollector inductively coupled plasma mass spectrometer (MC-ICP-MS) used was a
42 137 Neptune Plus from ThermoFisher Scientific (Bremen, Germany) and was operated in the
43 138 pseudo medium resolution mode. The instrument was equipped with 9 Faraday cups. The
44 139 sample introduction system was a PFA-100 microconcentric nebulizer and a cyclonic spray
45 140 chamber. The nebulizer gas flow rate, torch position and ions lens settings were optimized for
46 141 higher sensitivity and the acquisition parameters were optimized for better precision of the
47 142 measurements of the sulfur isotope ratios. Experimental conditions were similar to those
48 143 described previously²⁰²⁰²⁰. The double focusing inductively coupled plasma mass spectrometer
49 144 (DF-ICP-MS) used was an Element II from ThermoFisher Scientific (Bremen, Germany), and
50 145 was operated at the medium resolution mode (R=4000). All measurements were made with the
51 146 standard sample introduction configuration of the instrument, that is, a Scott-type spray
52 147 chamber working at room temperature, a Meinhard concentric nebulizer and a Fassel torch. The
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6 148 optimum instrumental settings for the measurement of sulfur isotope ratios in both instruments
7 149 are summarized in Table 1.

9 150 The [preparative](#) isolation of the ³⁴S-labelled methionine was performed on an HPLC system
10 151 (Agilent 1260 Infinity, Agilent Technologies, Santa Clara, CA) with an Agilent Zorbax Eclipse
11 152 XDB column (9.4x250 mm, 5µm) equipped with an analytical-scale fraction collector and a
12 153 variable wavelength detector. Liquid chromatography separations for [methionine](#)
13 154 [characterisation and](#) blood plasma samples were performed on a Surveyor LC Pump Plus
14 155 (ThermoFisher Scientific, Bremen, Germany) using a Discovery BIO Wide Pore C18 reverse
15 156 phase column (15 cm X 2.1 mm, 5 µm particle size, Supelco, Bellefonte, Pennsylvania, USA).

17 157 Methionine characterization by GC-MS was carried out using a gas chromatograph, Agilent
18 158 7890, coupled to a triple quadrupole mass spectrometer; Agilent 7000 Series Triple Quad
19 159 GC/MS (Agilent Technologies, Wilmington, DE, USA) operating at 70 eV. The GC was fitted
20 160 with a split/splitless injector and a DB-5 MS capillary column (cross-linked 5% phenyl-methyl
21 161 siloxane, 30 m x 0.25 mm i.d., 0.25 µm coating).

22 162 A Spill Mill Plus from Analytik Jena AG (Jena, Germany) was used for the disruption of the yeast
23 163 cells. A thermomixer compact from Eppendorf (Hamburg, Germany) was used to carry out the
24 164 enzymatic hydrolysis and the derivatization for GC-MS analysis. A centrifuge 5810R D from
25 165 Eppendorf were employed for the centrifugation of the samples. All samples were dried using a
26 166 centrifugal vacuum concentrator (Genevac, Suffolk, UK) to remove water and organic solvents.
27 167 All standard solutions were prepared gravimetrically using an analytical balance model AB204-S
28 168 (Mettler-Toledo GmbH, Greifensee, Switzerland).

29 169 A pH-meter model Basic 20 from Criscon (Barcelona, Spain) was used for pH adjustment. The
30 170 yeast growth was followed by measuring the optical density spectrophotometrically at 600 nm in
31 171 a Spectronic 20 (Milton Roy).

32 172 The Biochrom AA analyser (Biochrom Ltd, Cambridge, UK), used in the clinical laboratory of
33 173 HUCA, is a PC controlled automatic cation exchange liquid chromatograph with a post-column
34 174 detection system based on the oxidative deamination reaction of the α-amino group with
35 175 ninhydrin, liberating ammonia, carbon dioxide, an aldehyde with one less carbon atom and a
36 176 reduced form of ninhydrin, hydrindantin. The produced ammonia reacts with the hydrindantin
37 177 and another molecule of ninhydrin to yield a purple substance (Ruhemann's purple) that
38 178 absorbs around 570 nm.

39 179

40 180 **Procedures**

41 181 Synthesis and isolation of ³⁴S-labelled methionine.

42 182 *Saccharomyces cerevisiae* (common baker's yeast), AMW13C strain, was used for the
43 183 synthesis of ³⁴S-labelled yeast using a protocol developed in our laboratory¹⁸¹⁸¹⁸ but with some
44 184 changes that will be discussed later. Briefly, a synthetic culture medium was prepared avoiding

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6 185 the use of sulphates in order to achieve a culture medium low in natural abundance sulfur.
7 186 Thus, manganese, zinc, copper and magnesium sulphates, usually used in this kind of culture
8 187 media, were substituted by the corresponding chloride salts. The sulfur source was ammonium
9 188 sulphate enriched in ^{34}S which was prepared in our laboratory as described above. The cells
10 189 grew up in a controlled temperature room at 28°C with agitation. The stationary phase of yeast
11 190 growth was reached at 24 hours. Finally, cells were collected by centrifugation and rinsed with
12 191 ultra-pure water to remove the excess of inorganic sulfur. The ^{34}S -labelled yeast was stored at -
13 192 20°C until use.

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16 193 The stored yeast cells were mechanically disrupted with beads in a mill for 90 seconds. Then,
17 194 0.15 g of yeast was hydrolysed with 10 mg of protease XIV in a Tris-HCl 0.1M pH 7.5 medium.
18 195 Samples were incubated at 37°C during 24 hours. Hydrolyzed samples were further centrifuged
19 196 (4000 g, 15 min) and the supernatant collected and stored at -20°C until use.

20
21 197 Finally, methionine was isolated by injecting the supernatant in a reverse phase HPLC column
22 198 coupled on-line with a UV-VIS detector (set at 210 nm) followed by a fraction collector. The
23 199 chromatographic conditions used are shown in Table 2. Fractions containing methionine from
24 200 several injections were collected between 9-9.8 minutes. The collected fractions were mixed,
25 201 dried, reconstructed in pure water, aliquoted in vials of 100 μL and stored at -80°C until use.
26 202 in vials of 100 μL , so only one vial remains unfrozen until it is exhausted. Using this strategy, the
27 203 spike material demonstrated to be stable for at least two years. About 300 μg of methionine
28 204 were obtained for each gram of yeast (dry weight) prepared.

29 205 Characterization of the purified ^{34}S -labelled methionine

30 206 The characterization of the purified ^{34}S -labelled methionine was carried out both in terms of
31 207 purity, concentration and isotope composition. Purity was tested by injecting the isolated ^{34}S -
32 208 labelled methionine standard in the reverse phase chromatograph with ICP-MS detection. ~~A~~
33 209 ~~single peak was obtained with retention time corresponding to that of a natural abundance~~
34 210 ~~methionine standard.~~ The concentration of sulfur in the ^{34}S -labelled standard was measured
35 211 both by conventional IDMS and species-specific isotope dilution HPLC-MC-ICP-MS. To do that,
36 212 the ^{34}S labelled methionine solution was diluted 1:100 with ultra-pure water. Then, a 1:1 mixture
37 213 with a ^{33}S enriched (conventional IDMS) or natural methionine (species-specific isotope dilution
38 214 HPL-MC-ICP-MS) standard solutions of 1 $\mu\text{g/g}$ (as sulfur) was were prepared. The $^{34}\text{S}/^{33}\text{S}$
39 215 isotope ratio of the mixture was measured in the multicollector ICP-MS instrument using the
40 216 conditions given in Table 1. A natural abundance sulfur standard solution was measured prior to
41 217 the mixtures for mass bias correction. Finally, the concentration of methionine was calculated
42 218 using the isotope dilution equation described elsewhere¹⁶⁴⁶. The isotope composition of sulfur in
43 219 the isolated methionine standard was also measured by multicollector ICP-MS.

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46 220 On the other hand, confirmation of the presence of ^{34}S -labelled methionine and an alternative
47 221 measurement of its isotope enrichment was carried out by molecular mass spectrometry using
48 222 GC-MS. To do that, 200 μL of the stock solution were taken to dryness. The residue was
49 223 dissolved in 150 μL of MTBSTFA in 1% TBDMSCI and incubated for 10 min at 60°C on a

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thermomixer. Finally, samples were centrifuged for 2 min at 14000g and the clear liquid was transferred into vials for GC-MS analysis using the conditions summarized in Table 2. The ^{34}S enrichment was calculated [from the molecular isotope envelope](#) using a procedure previously developed in our laboratory²².

Methionine analysis in human blood plasma samples

Human blood plasma samples were supplied by the Clinical Biochemistry service of the HUCA. For methionine quantification, a weighed amount of the ^{34}S -labelled methionine solution was added and then plasma proteins were precipitated using an excess of 10 volumes of trifluoroacetic acid (TFA) for 1 volume of plasma. The mixture was brought to an ice bath for 15 min to favour protein precipitation. Then, the samples were centrifuged at 15000 g for 5 minutes and the supernatants were collected and stored at -20°C until use.

The analysis of methionine in the supernatant solutions was performed by reverse phase HPLC column coupled on-line with a double focusing ICP-MS. The chromatographic conditions used for the separation of methionine are shown in Table 2. Finally, human blood plasma methionine concentration was calculated using the isotope dilution equation¹⁶¹⁶.

An aliquot of the same blood plasma samples had been previously analysed on a Biochrom Amino Acid Analyser at HUCA, after a brief pretreatment consisting on fully deproteinisation with sulphosalicylic acid, addition of n-Leu as internal standard, pH adjustment to 2.2 with lithium hydroxide and filtration through a $0.2\ \mu\text{m}$ membrane filter to remove any remaining particulate material. The obtained sample was injected from a temperature controlled autosampler onto a column of cation exchange resin. Lithium citrate buffers of varying ionic strength and pH from 2.8 to 3.55 are then pumped through the column to separate the various amino acids. The column temperature is accurately controlled and adjusted automatically as necessary to produce the separation. The column eluent is mixed with a ninhydrin reagent and then passed through the reaction coil, maintained at $138\ ^\circ\text{C}$. From the reaction coil, the eluent/ninhydrin mixture is pumped to the photometer unit, which measures the amount of light absorbed at 570 nm and 440 nm. After each sample analysis, the column is regenerated by pumping a strong base (0.3 M lithium hydroxide) through de column followed by equilibrating buffer (pH 2.8), which adjusts the analytical column resin to its correct pH prior to the next analysis.

Results and discussion

Synthesis, isolation and confirmation of ^{34}S -labelled methionine

We have previously studied the optimal reagent quantities for the medium where yeast could growth¹⁸¹⁸ for the preparation of ^{34}S -labelled yeast. However, such studies were carried out on a small scale (50 mL). For the isolation of enough ^{34}S -labelled methionine from yeast cells it was required to scale-up the procedure. It was observed that, as the volume of the culture medium increased the isotopic enrichment of sulfur in the yeast decreased. To overcome this problem, several modifications in the culture medium were performed in order to increase de

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6 262 volume of the culture medium to 2 L with minimal reduction in the sulfur isotope enrichment.
7 263 Thus, glutamic acid, phenylalanine, proline and serine were added to the mixture of amino acid
8 264 and the amount of each amino acid was increased from 20 to 75 mg per litre. The nitrogenous
9 265 bases uracil and adenine were also added (75 mg per litre). With this modified culture medium
10 266 an isotopic enrichment between 91% and 94% in ^{34}S was achieved in the twelve separated
11 267 batches of yeast prepared. About 8 g of ^{34}S -labelled yeast were obtained from each batch of 2
12 268 litres of culture medium. The yeast obtained was mixed, homogenised and stored frozen at -
13 269 20°C until use. Enzymatic hydrolysis was done with protease XIV for the release of methionine
14 270 from the yeast proteins. The amount of protease XIV was optimized by measuring the amount
15 271 of methionine extracted. The range assayed was between 5 and 50 mg of protease XIV. The
16 272 optimum value was found at 10 mg of protease XIV (for 150 mg of yeast). For example, Figure
17 273 1 shows one of the reverse phase HPLC-ICP-MS chromatograms obtained after the hydrolysis
18 274 of yeast. The second peak in the chromatogram corresponds to ^{34}S -labelled methionine while
19 275 the first peak could be cysteine and/or glutathione as both compounds elute close to the dead
20 276 volume under the experimental conditions used. -The isotope enrichment for ^{34}S in methionine
21 277 is with isotope enrichment higher than that of the first peak in the chromatogram (unknown
22 278 sulfur-containing component). -The while the isotopic enrichment of both sulfur-containing
23 279 compounds is clearly lower than the original isotopic enrichment of ^{34}S in the yeast (91 to 94%)
24 280 probably due to contamination with natural sulfur amino acids impurities from protease XIV.
25 281 The isotopic enrichment in the first unknown peak is much lower than in the methionine peak of
26 282 a methionine standard. This fact could be attributed to the presence of higher amounts of
27 283 impurities of natural cysteine or other sulfur peptides as glutathione (their retention times match
28 284 the unknown peak) from the protease XIV and the lower amounts of such enriched compounds
29 285 in the hydrolysed sample.

30 286 The final isolation of the ^{34}S -labelled methionine was performed by injecting the hydrolysed
31 287 samples in a HPLC preparative system. Figure 2 shows the chromatograms obtained for a pure
32 288 standard of natural abundance methionine (Fig. 2A) and the hydrolysed sample (Fig. 2B)
33 289 detected by UV absorption at 210 nm. As can be observed, methionine eluted between 9-9.8
34 290 min (Figure 2A). Consequently, the system was set to collect fractions between 9-9.8 min. As it
35 291 can be seen in Figure 2B, when the hydrolysed samples were injected, a chromatographic peak
36 292 was also detected at the same retention time.

37 293 -Final purity of the ^{34}S -labelled methionine spike was tested by injecting it in the reverse phase
38 294 chromatograph with ICP-MS detection. As it can be seen in Figure 3, a single peak was
39 295 obtained with retention time corresponding to that of a natural abundance methionine standard
40 296 indicating that no other sulfur-containing compounds were present.

41 297 In order to check the elimination of the unknown sulfur compounds present in the hydrolysed
42 298 sample (see Figure 1), the solution obtained following the isolation procedure was injected in
43 299 the HPLC-ICP-MS system. As it can be seen in Figure 3, only one peak, which appears at the

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6 300 [retention time of methionine, was observed confirming the absence of other sulfur compounds](#)
7 301 [in the purified spike solution.](#)

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9 302 -The confirmation of the identity of ^{34}S -labelled methionine [isolated in the previous step](#) was
10 303 performed by GC-MS. The isolated sample and a natural abundance methionine standard were
11 304 derivatised as described in the procedures. The total ion chromatograms showed that,
12 305 methionine eluted at 27.9 minutes. Other peaks observed corresponded to side products of the
13 306 derivatising reagent. The fragmentation patterns of the two methionine solutions at 27.9 minutes
14 307 retention time are shown in Figure [34](#). Peaks at nominal masses 320, 292 and 218 in Figure [3A](#)
15 308 [4A](#) (standard of natural abundance methionine) correspond to fragments which contain sulfur
16 309 because in Figure [3B-4B](#) (isolated [\$^{34}\text{S}\$ -enriched](#) methionine from yeast) they appear at nominal
17 310 masses 322, 294 and 220 (2 units higher due to the presence of ^{34}S instead of ^{32}S).

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20 311 Peaks at nominal masses 320 and 218 (322 and 220 in Figure [3B4B](#)) correspond to the loss of
21 312 C_4H_9 (-57 units) and $\text{C}_7\text{H}_{15}\text{O}_2\text{Si}$ (-159 units), respectively, probably following an α -homolytic
22 313 cleavage. Peak at nominal mass 292 (294 in Figure [3B4B](#)) could correspond to the loss of
23 314 C_6H_{13} or $\text{C}_5\text{H}_9\text{O}$ (-85 units in both cases) but the cleavage mechanism is unclear²³. Other main
24 315 peaks at nominal masses 147 and 73 do not contain sulfur as they appear at the same m/z in
25 316 both spectra. The high peak at nominal mass 73 could correspond to $\text{C}_2\text{H}_7\text{NSi}$ formed from the
26 317 neutral loss of $\text{C}_{11}\text{H}_{23}\text{O}_2\text{SSi}$ (-247 and -249 units for ^{32}S and ^{34}S , respectively) in the fragment of
27 318 nominal mass 320 (322 in Figure [3B4B](#)).

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30 319 ~~Final purity of the ^{34}S -labelled methionine spike was tested by injecting it in the reverse phase~~
31 320 ~~chromatograph with ICP-MS detection. A single peak was obtained with retention time~~
32 321 ~~corresponding to that of a natural abundance methionine standard indicating that no other~~
33 322 ~~sulfur containing compounds were present.~~

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37 324 **Characterization of the ^{34}S -labelled methionine**

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39 325 The isotopic enrichment of the isolated ^{34}S -labelled methionine standard solution was
40 326 determined by multicollector ICP-MS and the values obtained confirmed by alternative GC-MS
41 327 measurements. The ^{34}S isotopic enrichment obtained by direct nebulisation of the standard
42 328 solution in the multicollector instrument [and by injecting such solution in the HPLC-MC-ICP-MS](#)
43 329 [system](#) was $79.5 \pm 0.5\%$ [and \$82.7 \pm 0.6\%\$, respectively.](#) [The small difference observed could be](#)
44 330 [due to a small contamination of natural abundance sulfur when analysing the spike solution by](#)
45 331 [direct nebulisation.](#)

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48 332 For GC-MS, a natural sulfur methionine standard solution (5 $\mu\text{g/g}$ as sulfur) was derivatised and
49 333 injected in the GC-MS system in SIM mode measuring nominal masses 319 to 327 to study
50 334 cluster purity. The experimental isotope distributions were calculated as the ratio of each peak
51 335 area obtained for each mass divided by the sum of all peak areas measured. The experimental
52 336 isotope distribution observed was compared with the theoretical isotope distribution calculated
53 337 using the method of Kubinyi²⁴ and a Visual Basic macro for Excel developed in our

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laboratory^{25,26}. It was observed that the contribution of the loss of hydrogen or the tailing of the peaks at the low mass side in the experimental spectrum was only 0.2% of the measured spectrum. Then, the isotope distribution of the labelled methionine spike was measured in the same way and the isotope enrichment determined as described previously²²²²²².

In brief, a Visual Basic macro for Excel was prepared to calculate 100 different theoretical isotope distributions for the derivatised fragment of ³⁴S-labelled methionine using tentative ³⁴S isotope enrichments between 80% and 100%. Then, the theoretical spectra were compared with the experimental one by linear regression analysis. The right isotope enrichment was selected as to that giving the minimum in the square sum of residuals between the calculated and observed distributions.

The ³⁴S enrichment obtained by GC-MS was 82.0 ± 0.2%. This value is close ~~but slightly higher than~~ that calculated by ~~multicollector-HPLC-MC-ICP-MS~~. In conclusion, the ³⁴S enrichment in methionine decreased around 10% in comparison with the ³⁴S enrichment in the original yeast. These differences could be attributed to natural sulfur methionine impurities in the proteases employed to hydrolyse the yeast proteins. Finally, the enrichment value obtained by ~~multicollector-HPLC-MC-ICP-MS~~ was employed in further IDMS calculations.

The concentration of sulfur in the purified ³⁴S-methionine spike was determined by ~~two alternative IDMS procedures. First, by direct nebulisation of the solution after spiking it with a ³³S enriched spike and, second, by HPLC-MC-ICP-MS after spiking it with a standard solution of natural abundance methionine (species specific reverse IDMS) as it has been explained above.~~ This procedure was possible due to the fact that no other sulfur containing compounds were detected in the ³⁴S-labelled methionine spike. The final methionine concentration (as sulfur) found ~~in the purified amino acid solution obtained by preparative HPLC~~ was 401 ± 5 µg/g ~~by direct nebulisation and 396 ± 6 µg/g by species specific reverse IDMS, respectively. Both procedures produced the same results as no other sulphur containing compounds were detected in the ³⁴S spike.~~

~~It can be~~ calculated that a total amount of 296 µg of ³⁴S-enriched methionine was obtained per gram of (dry weight) yeast ~~could be obtained~~ following the proposed procedure.

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367 **Analysis of human blood plasma samples**

Figure 4-5 shows the HPLC-ICP-MS chromatogram of a human blood plasma sample spiked with the ³⁴S-labelled methionine spike. As it can be observed, free methionine can be separated from other sulfur-containing compounds in human blood plasma samples following the reverse phase chromatographic method described in the procedures. ~~The ³⁴S/³²S isotope ratio for the unknown sulfur compounds present in the blood plasma samples was 0.045±0.001. This value indicates that the addition of the ³⁴S labelled methionine spike did not change the natural sulfur isotope ratio of those compounds.~~

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6 375 -For confirmation purposes, the fraction where the plasma blood methionine eluted under these
7 376 conditions (8-8.5 minutes) was collected and brought to the GC-MS instrument after
8 377 preconcentration and derivatisation. The total ion chromatogram obtained was similar to those
9 378 obtained for natural and ³⁴S-labelled methionine solutions, with the methionine peak eluting at
10 379 27.9 minutes. The mass spectrum for this peak eluting at 27.9 minutes from a human blood
11 380 plasma sample is shown in Figure 56. The pattern of this spectrum is identical to that obtained
12 381 for the natural sulfur methionine standard (Figure 3A4A) confirming the presence of methionine
13 382 in the fraction collected between 8-8.5 minutes in the HPLC system.

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16 383 Recoveries studies were carried out by adding a known amount of natural methionine to the
17 384 human blood plasma samples. The natural methionine was added before the precipitation of
18 385 plasma proteins. Three concentration levels were assayed by fortifying a human blood plasma
19 386 sample with 2, 4 and 8 µg/g of natural methionine (as sulfur). Fortified samples were analysed
20 387 by ID-HPLC-ICP-MS following the above described method. The recoveries found were
21 388 98.4±0.6%, 100.5±0.9% and 99.2±0.7%, respectively.

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24 389 Limits of detection and quantification were calculated as three and ten times the standard
25 390 deviation of the blank concentration²⁷, respectively. To do that, the blank solution was analysed
26 391 several times following the same procedure as the samples. The values obtained for the limits
27 392 of detection and quantification were 0.07 and 0.2 µg/g (0.5 and 1.6 µmol/L) of methionine,
28 393 respectively.

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31 394 Finally, 13 human blood plasma samples were analysed three times by the method above
32 395 described and the results compared with those given by the Clinical Biochemistry Service of the
33 396 HUCA using the routine method described previously. Results obtained by both analytical
34 397 methodologies, expressed in µmol/L, appear in Table 6. Please note that plasma methionine
35 398 concentrations as well as their related reference values for clinical applications usually are
36 399 expressed with only two significant figures. ~~A statistical two tailed paired t test was used to~~
37 400 ~~compare the results found by both analytical methodologies. For 12 degrees of freedom the~~
38 401 ~~value of t (P=0.05) is 2.18 while the experimental t was 1.69 which confirms the null hypothesis,~~
39 402 ~~that is, A statistical least squares fitting test was used to compare the results found by both~~
40 403 ~~analytical methodologies. There are were~~ no evidences that both methods give different
41 404 results. On the other hand, the results found are within the reference range for healthy adults.

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45 406 **Conclusions**

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48 407 The procedure to synthesize high volumes of ³⁴S-labelled yeast has been slightly improved by
49 408 changing the culture medium and avoiding contamination with natural abundance sulfur as far
50 409 as possible. The ³⁴S enrichment in the yeast was in all cases greater than 91% which means an
51 410 improvement of 25% with regard to previous works¹⁹⁴⁹⁴⁹. Unfortunately, it could be difficult to
52 411 improve such enrichment in future experiments due to the inevitable presence of several
53 412 sources of natural sulfur in the culture medium.

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6 413 A method to extract and isolate ^{34}S -labelled methionine from ^{34}S -labelled yeast has been
7 414 developed. In order to produce standard solutions of ^{34}S -labelled methionine, characterization,
8 415 in terms of concentration and isotope abundance, has been performed by multicollector ICP-MS
9 416 and the results compared with an alternative method based on GC-MS. Additionally, the identity
10 417 of the methionine standard was confirmed by GC-MS. Results show a small decrease in the ^{34}S
11 418 enrichment of the methionine (about 80%) with regard to the ^{34}S enrichment of the yeast (more
12 419 than 90%) due probably to contamination with natural sulfur methionine in the solutions
13 420 obtained.

16 421 Nevertheless, once characterized, these solutions can be used as standard solutions of ^{34}S -
17 422 labelled methionine for species-specific isotope dilution of methionine in real samples. The
18 423 analysis of methionine in human blood plasma and the comparison of the results with the
19 424 routine, validated, method employed in the Clinical Biochemistry Service of the HUCA
20 425 demonstrate the validity of this procedure.
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24 427 **Acknowledgements**

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30 432 authors thank Mario Fernández Fernández (University of Oviedo) for his help with the GC-MS
31 433 measurements.
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Table 1.- Instrumental operating conditions and acquisition parameters

Parameters	Element II	Neptune Plus
Rf power	1350 W	1200W
Cool gas flow	14 L min ⁻¹ Ar	14 L min ⁻¹ Ar
Auxiliary gas flow	0.95 L min ⁻¹ Ar	0.9 L min ⁻¹ Ar
Sample gas flow	0.91L min ⁻¹ Ar	0.89 L min ⁻¹ Ar
Acquisition method	5 runs, 200 passes, 0.01 s sample time, 10 samples per peak, 3 s setting time	5 blocks, 10 cycles, 4.194 s integration time, 3 s idle time
Detector	SEM	Faraday cups
Cup Configuration		L4 ³² S C ³³ S H4 ³⁴ S

Table 2.- Instrumental parameters used in the chromatographic separations.

HPLC conditions for methionine quantification in plasma blood samples	
Column	Discovery BIO Wide Pore C18
Injection Loop	20 μ L
Flow rate	80 μ L/min
Mobile phase	Ammonium acetate 75 mM, pH 7.4 , 2% methanol
Gradient	Isocratic mode
HPLC conditions for methionine isolation	
Column	Agilent Zorbax Eclipse XDB
Injection Loop	100 μ L
Flow rate	1.5 mL/min
Mobile phase	Ammonium acetate 75 mM, pH 7.4 , 2% methanol
Gradient	Isocratic mode
GC conditions for methionine characterization	
Column	DB-5 MS capillary column
Injection volume	2 μ L
Injection mode	Splitless mode with 1 min of purge time
Flow rate	2 mL/min
Carrier gas	Helium
Injector temperature	250°C
Interface temperature	280°C
Ion source temperature	230°C
Gradient	The column temperature was initially held at 60°C for 1 min, and then a temperature ramp of 5°C/min was applied until 320°C for 10 min. The total run time was 68 min

Table 3.- Results obtained for 13 human blood serum samples using the ID-HPLC-ICP-MS method (proposed method) and the routine method (HUCA).

Samples	Biochrom ($\mu\text{mol/s/L}$)	Proposed method (<u>mean \pm standard deviation in $\mu\text{mol/s/L}$, n=3</u>)
1	18	<u>18.3 \pm 1.248</u>
2	25	<u>24.9 \pm 2.025</u>
3	31	<u>31.4 \pm 1.831</u>
4	21	<u>21.9 \pm 1.022</u>
5	14	<u>14.4 \pm 0.614</u>
6	27	<u>26.6 \pm 1.426</u>
7	29	<u>30.1 \pm 2.530</u>
8	18	<u>18.4 \pm 1.318</u>
9	25	<u>26.2 \pm 1.526</u>
10	16	<u>16.7 \pm 0.417</u>
11	32	<u>32.5 \pm 1.632</u>
12	24	<u>25.1 \pm 0.925</u>
13	35	<u>35.3 \pm 0.835</u>

LEGEND OF FIGURES

Figure 1.- Chromatograms obtained after the enzymatic hydrolysis of yeast with protease XIV but before methionine isolation. Dashed and solid lines correspond to ^{32}S and ^{34}S , respectively.

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Figure 2.- Chromatograms obtained in the preparative HPLC system with UV-VIS detection at 210 nm injecting: A) a natural standard of 10 $\mu\text{g/g}$ methionine and B) sample from the enzymatic hydrolysis of yeast.

Figure 3.- HPLC-ICP-MS chromatogram of the isotopically enriched methionine standard solution obtained after isolation in the preparative HPLC system.

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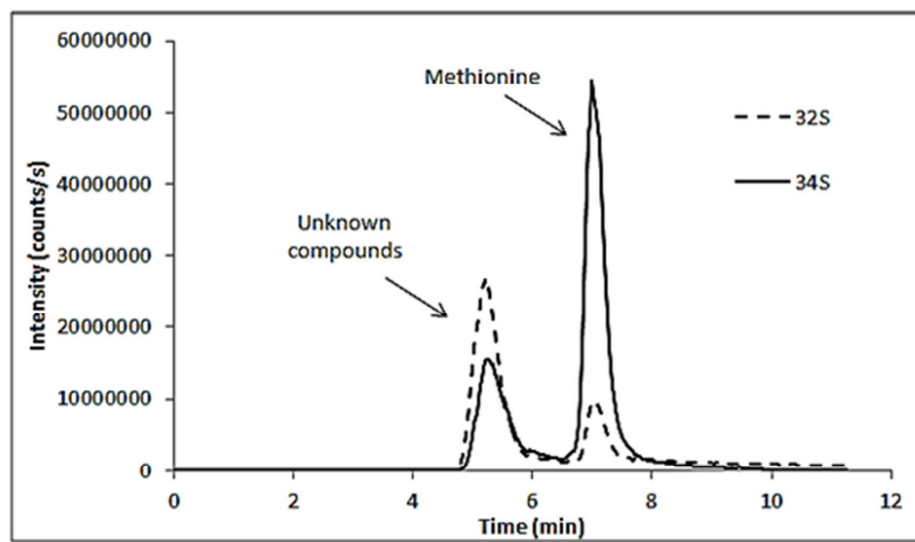
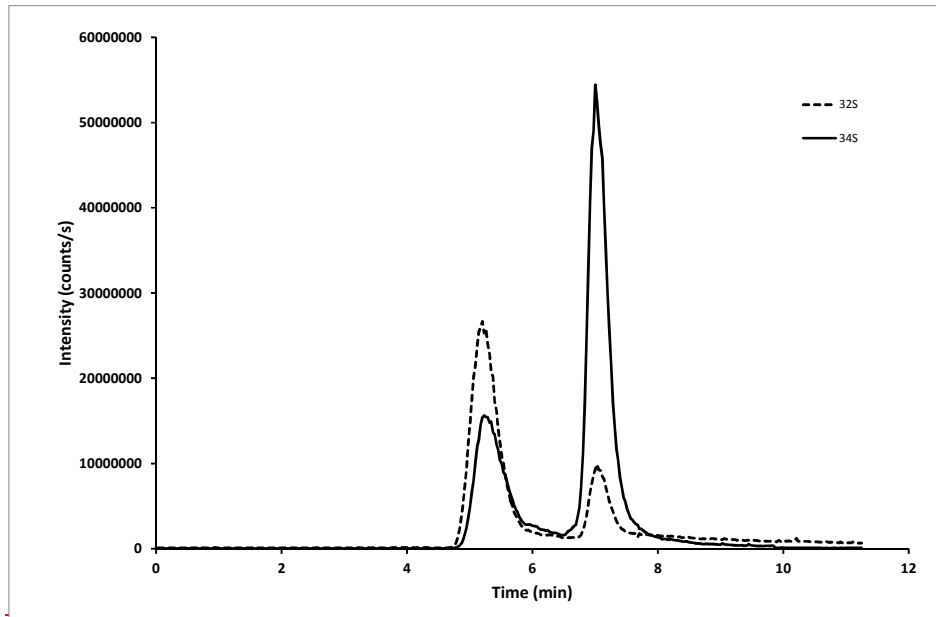
Figure 34.- GC-MS mass spectra obtained for: A) 5 $\mu\text{g/g}$ natural methionine solution and B) diluted ^{34}S enriched methionine solution

Figure 45.- HPLC chromatogram obtained for a human blood plasma sample after spiking with ^{34}S enriched methionine. Dashed and solid lines correspond to ^{32}S and ^{34}S , respectively.

Figure 56.- GC-MS mass spectrum for the fraction collected between 8-8.5 minutes using the HPLC separation

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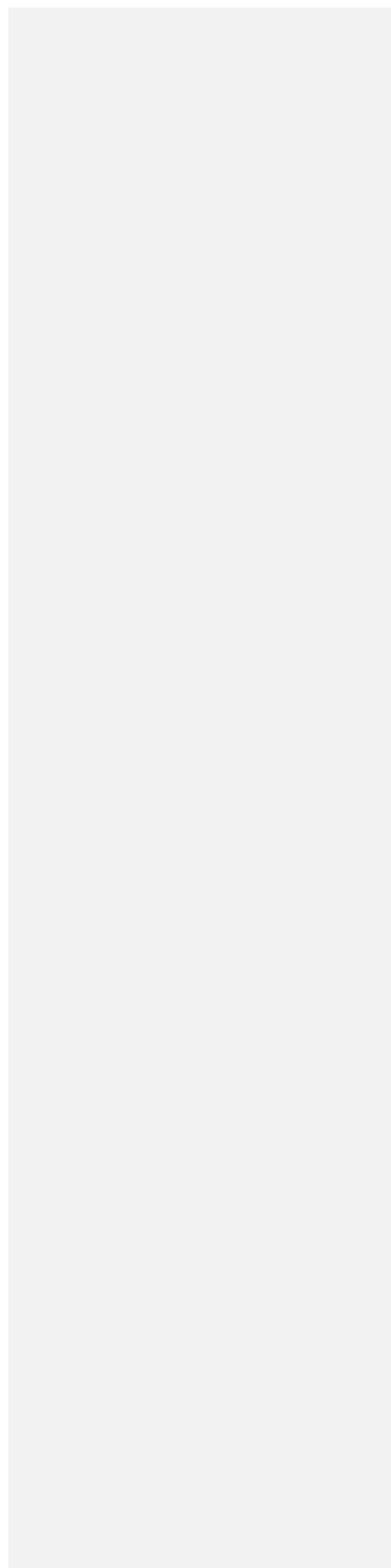


Figure 2A

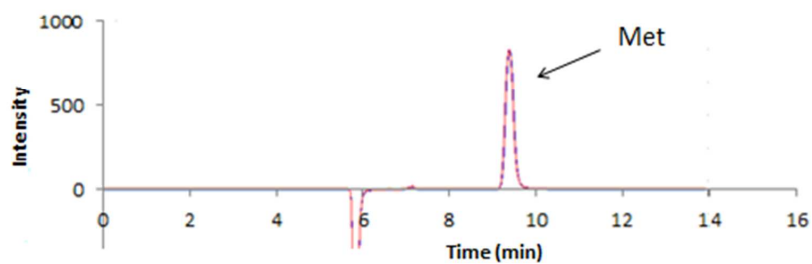


Figure 2B

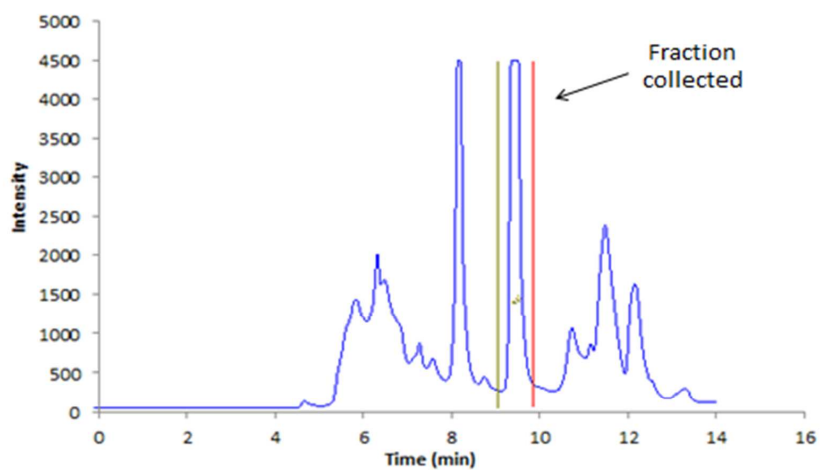
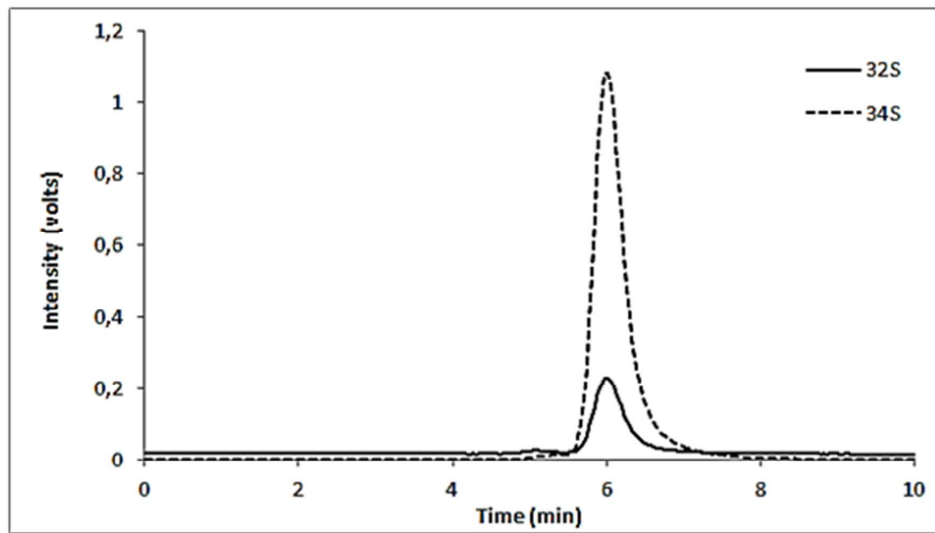


Figure 3



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Figure 3A4A

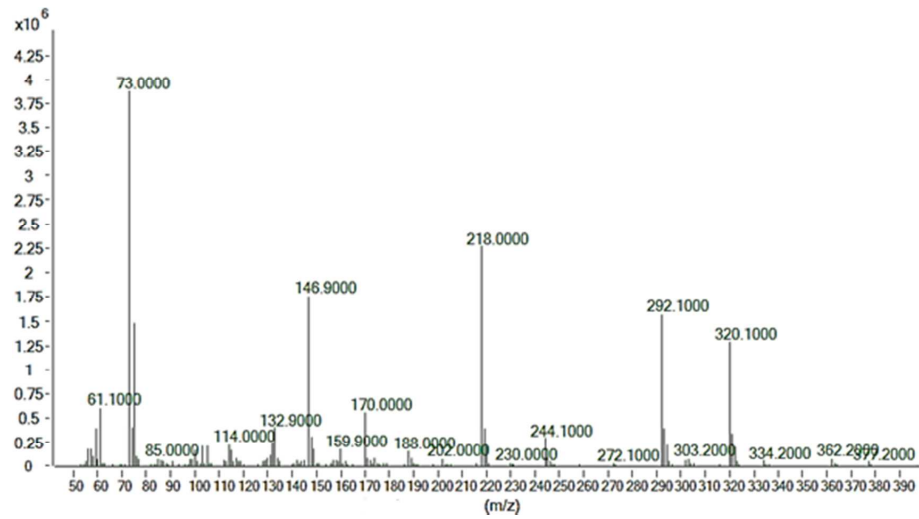


Figure 3B4B

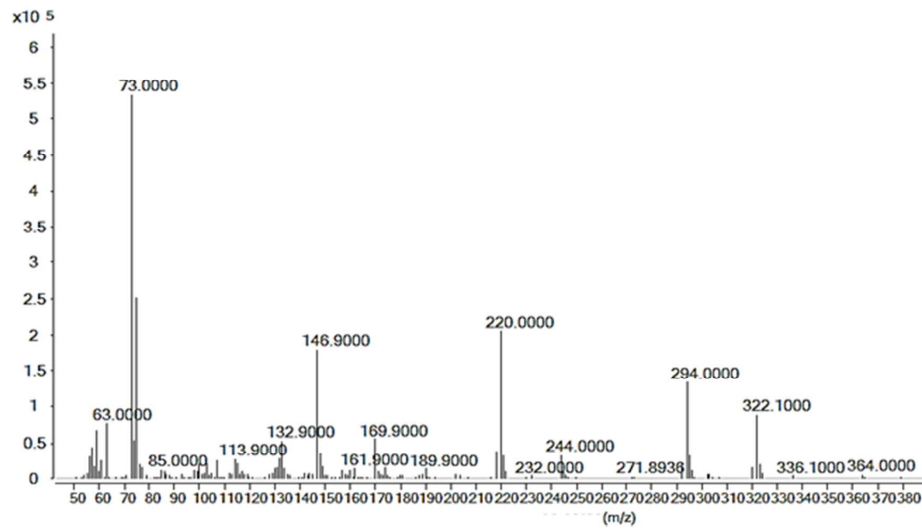
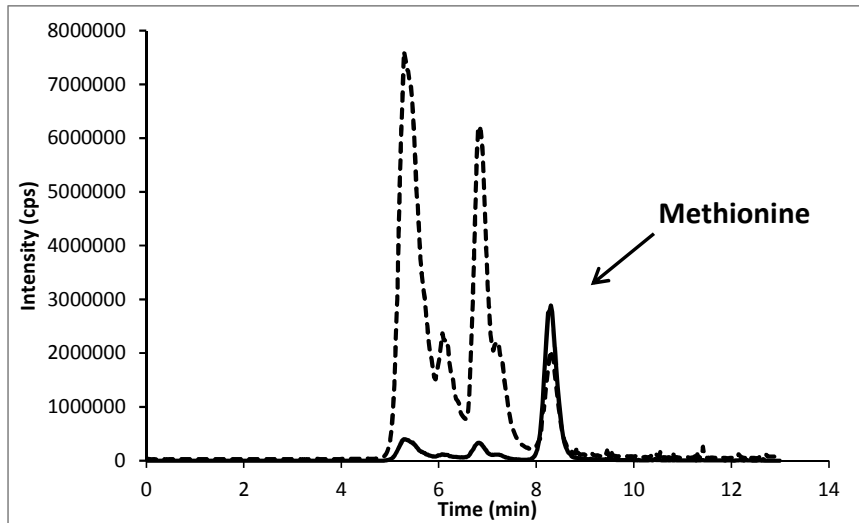


Figure 45



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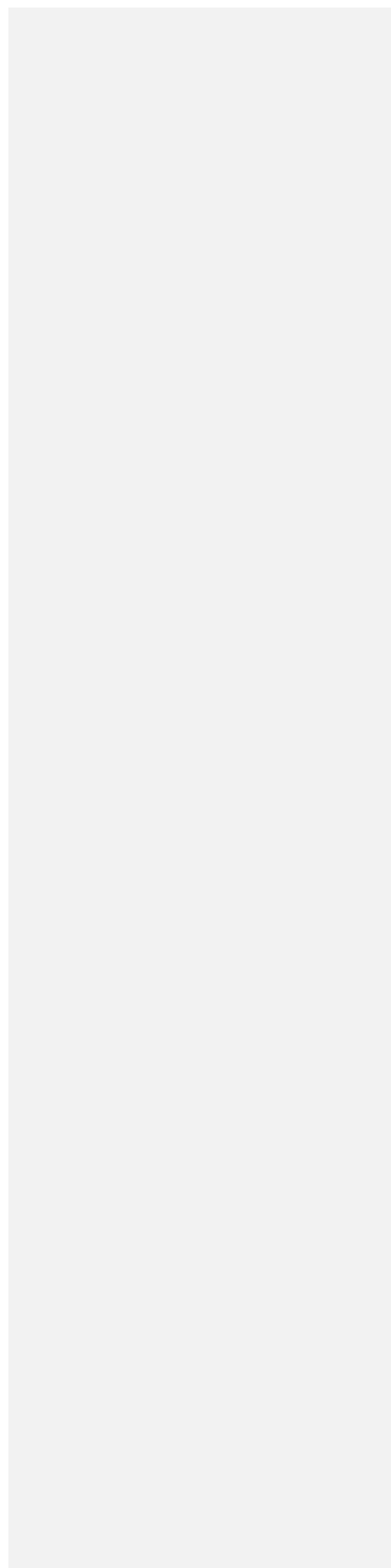


Figure 56

