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25-8

FIRST POSITION.

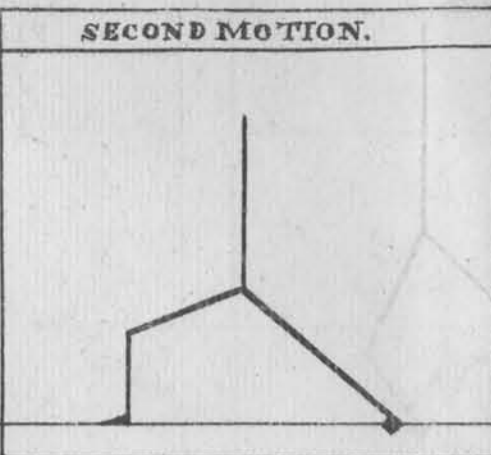
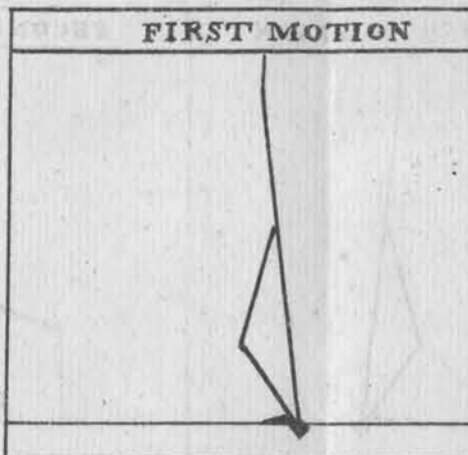
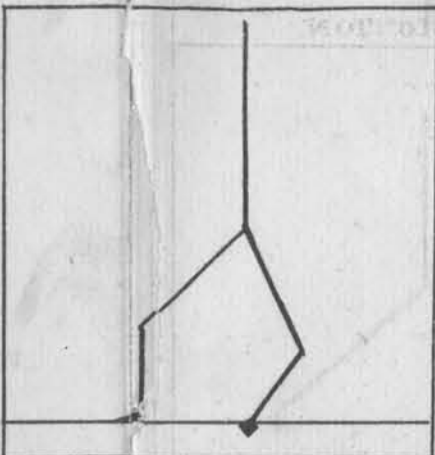
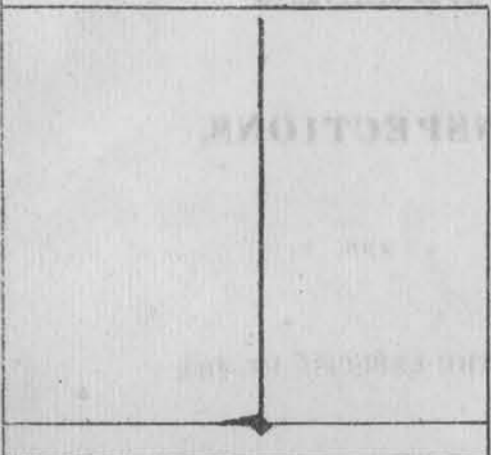
SECOND POSITION.

THIRD POSITION.

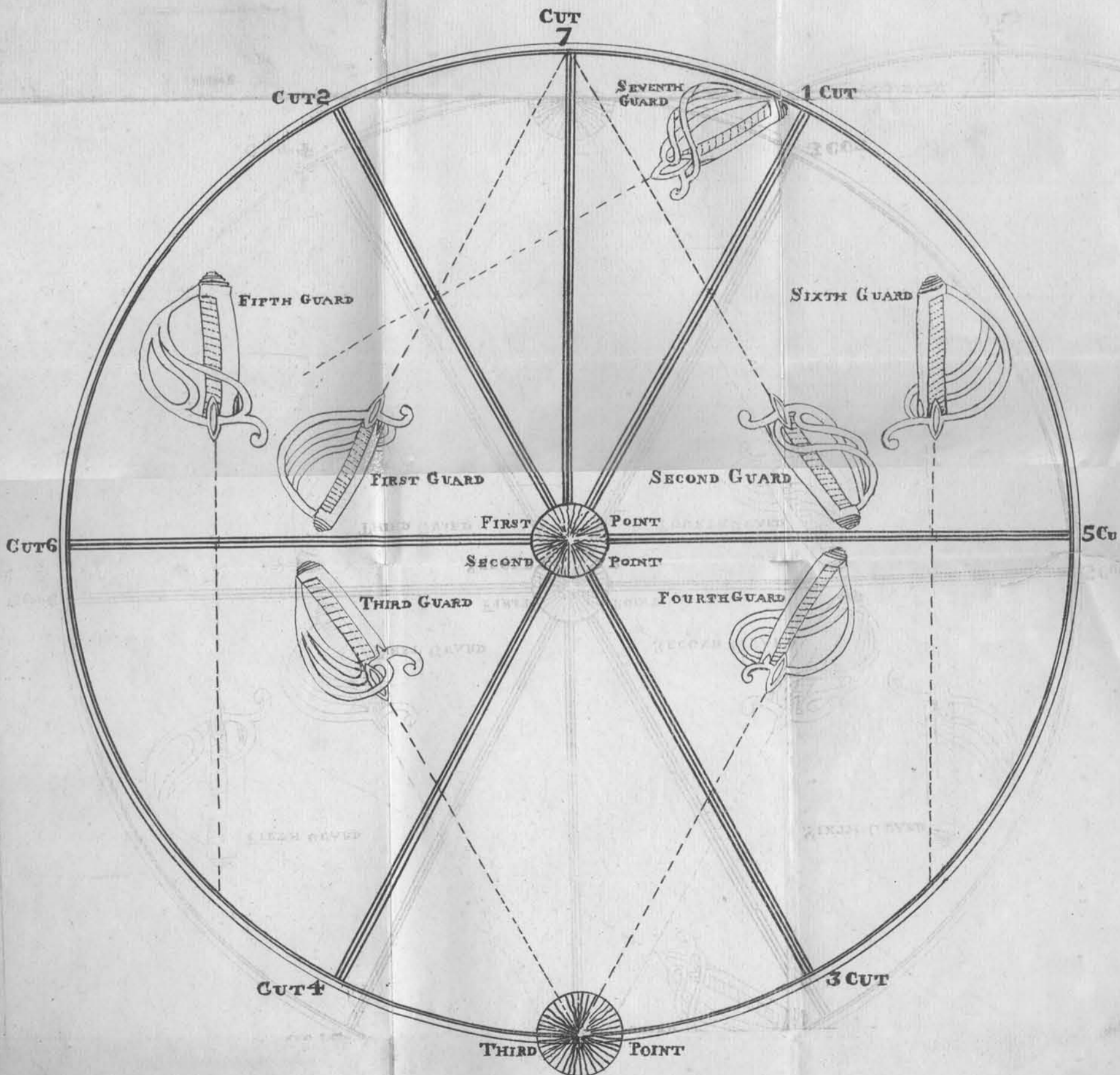
FOURTH POSITION.

FIRST MOTION

SECOND MOTION.



TARGET.



[FOR EXPLANATION, SEE PAGE 29]



R. 12. 913

REGULATIONS

G-770

TO BE OBSERVED ON

INSPECTIONS,

AND

FOR THE EXERCISE OF THE

Crews of Coast Guard Stations.

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Sabin

London:

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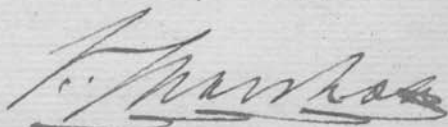
For His Majesty's Stationery Office.

1829.

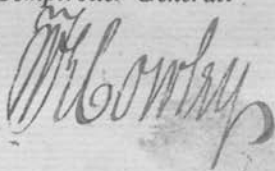
*By William Bowles, Esq. Captain R. N. and
Comptroller General of the Coast Guard of
the United Kingdom of Great Britain and
Ireland.*

IT is my direction that from and after the date
hereof, the following Regulations are strictly observed
on all Inspections of the Crews of Coast Guard
Stations, and for their Instruction in the exercise of
Small Arms.

Given under my Hand at the Coast
Guard Office, London, this *Twelfth*
day of *May 1829.*



By Command of The Comptroller General.



To the

*Inspecting Commanders
and Chief Officers of the Coast
Guard of the United Kingdom.*

INSPECTIONS

It is my intention that you should observe the
the view are to be drawn up in a
before the following instructions are
in all the most important situations fully and
fixed, and standing at ease; the chief
officer taking his station on the right of
the men.

On the appearance of the inspecting
officer, the following words of command
are to be given:—

Attention.
Shoulder Arms.
Present Arms.

The Officer, on
the 2d motion of
the "Present",
will bring his
word to the re-
over, and on
the 3d motion
step it to the
salute. (See
instructions.)

On the first
motion of the
"Shoulder Arms", the
officer will bring
his sword to the
rest, and on
the 2d motion
bring it to the
salute. (See
instructions.)

INSPECTIONS.

THE crew are to be drawn up in a single line in front of the Watch-house or other convenient situation, fully accoutred, with ordered arms, bayonets fixed, and standing at ease; the chief officer taking his station on the right of the men.

The Officer, on the 2d motion of the 'Present,' will bring his sword to the 'recover,' and on the 3d motion drop it to the 'salute.' (See Instructions.)

On the first motion of the 'Shoulder,' the Officer will bring his sword to the 'recover,' and on the 2d to the position 'carry swords.' (See Instructions.)

On the appearance of the inspecting officer, the following words of command are to be given :—

Attention.

Shoulder Arms.

Present Arms.

After remaining at the "Present" a proper time

Shoulder Arms.

The chief officer will then advance to the inspecting commander, and present to him a return of his force (according to the form at the end of these Instructions) he will then return to the right of his people, and the inspecting commander will present the return to the inspecting officer, from whom he will receive orders for the further proceedings of the party. If directed to go through the Manual and Platoon Exercise, he will order the chief officer to proceed.

Order Arms.

Unfix Bayonets.

Shoulder Arms.

MANUAL.

1st. Secure Arms.

2nd. Shoulder Arms.

3rd. Order Arms.

4th. Fix Bayonets.

5th. Shoulder Arms.

6th. Present Arms.

7th. Shoulder Arms.

8th. Port Arms.

9th. Charge Bayonets.

10th. Shoulder Arms.

11th. Advance Arms.

12th. Order Arms.

13th. Advance Arms.

14th. Shoulder Arms.

- 15th. Support Arms.
- 16th. Stand at Ease.
- 17th. Attention.
- 18th. Carry Arms.
- 19th. Slope Arms.
- 20th. Stand at Ease.
- 21st. Attention.
- 22nd. Carry Arms.
- 23rd. Order Arms.
- 24th. Unfix Bayonets
- 25th. Stand at Ease.

Attention.
Fix Bayonets.
Shoulder Arms.

PLATOON EXERCISE. *Without Cartridge.*

- 1st. Prime and Load.
 - 2nd. Handle Cartridge.
 - 3rd. Prime.
 - 4th. 'Bout.
 - 5th. Draw Ramrods.
 - 6th. Ram down Cartridge.
 - 7th. Return Ramrods.
 - 8th. Ready.
 - 9th. P'sent.
 - 10th. Fire.
-

Recover Arms.

Shoulder Arms.

The chief officer will again advance to the inspecting commander, and receive his directions as to firing. If ordered to Fire, he will cause his men to be supplied with four rounds of blank cartridge, and then proceed as directed for the Platoon exercise, with the exception that the first word of command will be

With Cartridge Prime and Load.

And after firing the number of rounds ordered; or if directed not to fire:

Recover Arms.

Lodge Arms.

In obeying the last word of Command, the officer is to proceed with the men in regular order to the place where the arms are to be deposited, and leaving the muskets, bayonets, and cartouch boxes, and putting on their swords, return again in the same order to the position they first occupied (in close order) and proceed with

THE SWORD EXERCISE.

1st. Draw Swords.

- 2nd. Port Swords.
- 3rd. Salute.
- 4th. Port Swords.
- 5th. Carry Swords.
- 6th. Slope Swords.
- 7th. Stand at Ease.
- 8th. Carry Swords.
- 9th. Return Swords.
- 10th. Draw Swords.
- 11th. Extend Distance.
- 12th. Prepare to perform Sword Exercise.
- 13th. Right prove distance.
- 14th. Slope Swords.
- 15th. Front prove distance.
- 16th. Slope Swords.
- 17th. Guard.
- 18th. Inside Guard.
- 19th. Outside Guard.
- 20th. Assault.
- 21st. One.
- 22nd. Two.
- 23rd. Three.
- 24th. Four.
- 25th. Five.
- 26th. Six.
- 27th. Seven.
- 28th. First Point.
- 29th. Second Point.

- 30th. Third Point.
- 31st. Guards.
- 32nd. First.
- 33rd. Second.
- 34th. Third.
- 35th. Fourth.
- 36th. Fifth.
- 37th. Sixth.
- 38th. Seventh.
- 39th. Left Parry.
- 40th. Right Parry.
- 41st. Left Cheek.
- 42nd. First Guard.
- 43rd. Right Cheek.
- 44th. Second Guard.
- 45th. Wrist.
- 46th. Third Guard.
- 47th. Leg.
- 48th. Fourth Guard.
- 49th. Left Side.
- 50th. Fifth Guard.
- 51st. Right Side.
- 52nd. Sixth Guard.
- 53rd. Head.
- 54th. Seventh Guard.
- 55th. First Point.
- 56th. Left Parry.
- 57th. Second Point.

- 58th. Right Parry.
 - 59th. Third Point.
 - 60th. Right and Left Parry.
 - 61st. Guard.
 - 62nd. Slope Swords.
-
- Carry Swords.
 - Return Swords.
 - Dismiss.

The crew are then to hold themselves in readiness for exercising the mortar belonging to the apparatus for saving lives, (if there be one at the station) or to launch or man the boats as may be directed.

The journals, watch-house, cottages, boat-house, boats and stores will then be inspected in rotation.

The chief officers are always to exercise the men under the direction of the inspecting commander.

REGULATIONS TO BE OBSERVED AS TO DRESS.

All officers belonging to the Royal Navy will appear in their blue undress uniform great coats, (agreeably to the admiralty regulations of the 18th December, 1827, and 12th May, 1828) uniform caps and side arms.

Those officers who are civilians, are to wear a similar undress great coat with the coast guard uniform buttons, uniform caps, and side arms.

White Trousers are to be worn by officers and men between the 1st May and 1st October, and blue during the winter months.

The intention of the foregoing regulations being to secure the uniform and creditable appearance of the whole corps on inspections and all other occasions of parade, and to prevent that diversity of system which has hitherto too much prevailed in different districts, the Comptroller General most positively directs that no deviation therefrom is to be allowed on any pretence whatsoever, and he trusts that the Inspectors General in Scotland and Ireland, as well as the Inspecting Commanders, will strictly enforce them in their several commands.

THE MANUAL EXERCISE.

Words of
Command.

EXPLANATION.

1st.
Secure Arms.

1st. Bring the right hand briskly up, and place it under the cock, the fore finger touching the back part of it, the thumb placed between the stock and barrel, and pointing to the muzzle, keeping the firelock steady.

2d. Quit the butt with the left hand, and seize the firelock with it at the swell, bringing the elbow close down upon the lock, carefully avoiding to raise or lower the shoulder; the right hand kept fast in this motion and the piece still upright.

3d. Quit the right hand, giving the piece a cant with the fore fingers, and bring it down to your right side, bringing the firelock down to the *secure*, under the left arm, the elbow thrown a little to the rear, the guard just visible, the thumb on

Words of
Command.

EXPLANATION.

the sling, the fingers grasping the barrel, and the hand rather below the hip bone.

2d.
Shoulder Arms.

1st. Bring the firelock up to the perpendicular line, seizing it with the right hand under the cock, as the first motion of the secure.

2d. Quit the left hand, and strike the butt with the palm, grasping it at the same instant.

3d. Quit the right hand and bring it smartly down to the right side.

3d.
Order Arms.

1st. Seize the firelock with the right hand at the lower loop, just at the swell, the elbow close to the body.

2d. Bring it down to the right side, to the *trail*, allowing the little finger to slip between the stock and barrel, the butt as low down as the arm will admit without constraint.

3d. Drop the heel of it on the ground, placing the muzzle against the hollow of the right shoulder, and the hand flat upon the side of the stock; the thumb only to appear on the sling.

4th.
Fix Bayonets.

1st. At the word "Fix," place the

Words of
Command.

EXPLANATION.

thumb of the right hand as quick as possible behind the barrel.

2d. As soon as the word of command is fully given, take a gripe of the firelock and push the muzzle a little forward, grasping the bayonet with the left hand, the elbow kept well forward so as not to interfere with the left hand man, and fixing it with the utmost celerity. The instant this is done, return as quick as possible to the "order," as above described, and stand perfectly steady.

5th.
Shoulder Arms.

1st. As soon as the word "Shoulder" is given, take a gripe of the firelock with the right hand, as in fixing bayonets.

2d. At the last word "Arms" the firelock must be thrown, with the right hand in one motion, and with as little appearance of effort as possible into its proper position on the left shoulder.—The hand crosses the body in so doing, but must instantly be withdrawn.

6th.
Present Arms.

1st. Seize the firelock with the right hand, under the guard, turning the lock to the front, but without moving it from the shoulder.

Words of
Command.

EXPLANATION.

2d. Raise the firelock up from the shoulder to the "*poise*" by placing the left hand (smartly and with a tell) upon the sling, fingers pointing upwards; the wrist upon the guard; and the point of the left thumb of equal height with, and pointing to, the left eye; the piece to be kept perpendicular in this position, the left elbow close to the butt, and right elbow close to the body.

3d. Bring down the firelock with a quick motion, as low as the right hand will admit without constraint, making it tell with the left hand, drawing back the right foot at the same instant, so that the hollow of it may touch the left heel. The firelock in this position with the guard to the front to be totally supported in the left hand and opposite to the left thigh, the right hand lightly holding the small of the butt, the fingers pointing rather downwards. The body to rest entirely on the left foot; both knees strait.

7th.
Shoulder Arms.

1st. By a turn of the right wrist, bring the firelock to its proper position on the left shoulder, making the motion tell, the left hand grasping the butt, and bringing

Words of
Command

EXPLANATION.

up the right foot at the same instant to its original position.

2d. Quit the right hand briskly and bring it down to the right side.

8th.
Port Arms.

At one motion throw the firelock from the shoulder across the body, meeting it smartly with both hands at the same instant, to a diagonal position, in which the lock is to be turned to the front and at the height of the breast; the muzzle slanting upwards so that the barrel may cross opposite the point of the left shoulder, with the butt proportionably depressed.

The right hand grasps the small of the butt, and the left holds the piece at the swell, close to the lower pipe; the thumbs of both hands pointing towards the muzzle; both elbows close to the body, the fingers of the left hand between the stock and barrel.

9th.
Charge
Bayonets.

Make a half face to the right, the right toe straight off to the right, and the left toe full to the front, and bring down the firelock to nearly a horizontal position, with the muzzle inclining a little upwards, and

*Words of
Command.*

EXPLANATION.

the right wrist resting against the hollow of the thigh below the hip.

10th.
Shoulder Arms.

1st. Throw the firelock up to its proper position on the left shoulder, the left hand falling smartly on the butt, and grasping it, and at the same instant coming to your proper front.

2d. Quit the right hand smartly and bring it down to the right side.

11th.
Advance Arms.

1st. Seize the firelock with the right hand under the guard, turning the lock to the front, but without moving it from the shoulder.

2d. Raise the firelock up from the shoulder to the poise, by placing the left hand upon the sling, fingers pointing upwards, the wrist upon the guard, and the point of the left thumb of equal height with, and pointing to the left eye; the piece to be kept perpendicular in this position.

3d. Bring the firelock down to the right side with the right hand as low as it will admit without constraint, at the same time striking it smartly with the left

Words of
Command.

EXPLANATION.

hand at the swell, the guard between the thumb and fore finger of the right hand, the three last fingers under the cock, with the guard to the front.

4th. Quit the left hand.

12th.
Order Arms.

1st. At this word the left hand is brought smartly across the body, and seizes the firelock, with the fore finger in line with the point of the right shoulder.

2d. Bring the firelock down as low as the left arm will admit, to the right side ; at the same time let the right hand seize the top of the ramrod, between the second joint of the fore finger and thumb, the whole of the fingers shut in the hand.

3d. Let the firelock drop on the ground, and the right hand be smartly brought to the position of ordered arms, quitting the left hand short away, at the same instant.

13th.
Advance Arms.

1st. At the word " Advance," the thumb of the right hand is slipt quickly in rear of the barrel.

At the word " Arms," it is brought to the advance by a sharp cant of the right hand ; the left arm is brought across the body, to steady the firelock to the shoulder.

Words of
Command.

EXPLANATION.

2nd. Quit the left hand.

14th.
Shoulder Arms.

1st. Bring up the left hand, and seize the piece at the swell, raising it about one inch; at the same instant slip the thumb of the right hand under the cock, by a turn of the right wrist.

2nd. Throw it smartly to its proper position on the left shoulder, the left hand falling smartly on the butt, grasping it.

3rd. Quit the right hand, and bring it to the right side.

N. B.—In these motions great care must be taken to preserve the squareness of the body, and to avoid raising or sinking the shoulder.

15th.
Support Arms.

1st. Seize the small of the butt, under the lock, with the right hand, the thumb pointing upwards.

2nd. Bring the left arm under the cock.

3rd. Quit the right hand.

16th.
Stand at ease.

At this word of command the right hand is brought smartly across the body, and seizes the fire-lock at the small of

Words of
Command.

EXPLANATION.

the butt, close up under the left arm, with the thumb of the right hand pointing upwards, the right foot drawn back, the left knee bent, and the firelock a little sloped.

17th.
Attention.

At this word of command the right hand is dropt smartly to the right side, and the right foot brought in line with the left.

18th.
Carry Arms.

1st. Seize the small of the butt, under the left arm, with the right hand.

2nd. Smartly place the left hand grasping the butt, the firelock kept steady.

3rd. Quit the right hand,
At the same instant allowing the left arm to sink to the full extent.

19th.
Slope Arms,

In sloping arms, the upper part of the arm is not to move; the guard of the firelock is to be raised so as gently to press against the hollow of the shoulder, the hand in a line with the elbow, the toe of the butt in a line with the centre of the left thigh.

20th.
Stand at ease.

On the word "Ease," bring the right

Words of
Command.

EXPLANATION.

hand smartly across the body, placing it on the left hand, both thumbs on the fore part of the heel of the butt, that of the left hand uppermost, and drawing the right foot back at the same instant, the left knee bent.

21st.
Attention.

At this word of command resume the attitude of attention, by bringing the right hand smartly to the right side, and the right foot in line with the left.

22d.
Carry Arms.

1st. Drop the left arm to its extent, and bring the right hand smartly across the body, the fore part of the fingers to meet the small of the butt, as in the first motion of the secure.

2nd. Quit the right hand.

23d.
Order Arms.

As prescribed in the 3rd word of command, page 14.

24th.
Unfix Bayonets.

At the word "Unfix," slip the thumb of the right hand in rear of the barrel; at the last sound of the word "Bayonet," force the muzzle a little forward, bring the left hand smartly to the upper loop, the thumb pointing upwards. Strike the

Words of
Command.

EXPLANATION.

bow of the bayonet with the heel of the right hand so as to unfix it; let the bow fall over the thumb, and the two fore fingers on the top of the socket, with the left hand force the muzzle of the firelock back to its proper position, at the same instant bring the thumb of the left hand on the top of the scabbard, for the purpose of guiding the bayonet into it; and bring the right hand smartly to the position of Ordered Arms.

25th.

Stand at ease.

As before directed.

 TIME.

The motions in the Manual Exercise are to be performed, leaving two pauses of the slow time of march between each motion, except that of *fixing bayonets*, in which a longer time must be given. Two pauses should also be made between the first and last parts of the words of command, for instance, *shoulder* (two pauses) *arms*, both in the Manual and Platoon.

The Manual is not to be executed by one word, or signal, but each separate word of command is to be given by the officer who commands the body performing it.

THE PLATOON EXERCISE,

Words of Command.

EXPLANATION.

1st.
Prime and
Load.

1st. Turn the body a quarter face to the right, on both heels, placing the right foot six inches behind the left; at the same instant drop the firelock to the priming position, with the left hand at the swell, and elbow close pressed in front of the hip, the side brass touching the right hip, the thumb of the right hand placed in front of the steel, with the fingers clenched, and wrist a little turned out; the muzzle to be at the height of the breast plate.

2d.
Handle
Cartridge.

2nd. Open the pan, by closing the elbow, fingers straight upon the lock, and pointing towards the muzzle.

1st. Draw the cartridge from the pouch.

2nd. Bring it to the mouth, holding it

Words of
Command,

EXPLANATION.

between the fore finger and thumb, and bite off the top of the cartridge.

3d.
Prime.

1st. Shake some powder into the pan, and place the three last fingers on the steel.

2nd. Shut the pan, by closing the elbow.

3rd. Seize the small of the butt with the above three fingers.

4th.
Bout.

1st. Turn the piece nimbly round to the loading position, meeting the muzzle with the heel of the right hand; the butt within two inches of the ground, and the flat of it against the left ancle.

2nd. Drop the butt on the ground without noise; raise the right elbow square with the shoulder; shake the powder into the barrel, putting in after it the paper and the ball; after which the fingers are straight, with the second joint of the fore finger resting on the head of the ramrod, and thumb pointing downwards.

In this position each learner must feel the guard against the centre of the left shin, the thumb of the left hand pressed

Words of
Command.

EXPLANATION.

against the centre, and in front of the left thigh, with the muzzle of the firelock about four inches from the centre of the breast plate; in this position the barrel is full to the front.

3rd. Drop the right elbow close to the body, and seize the head of the ramrod with the second joint of the fore finger and thumb.

5th.
Draw Ramrods.

1st. Force the ramrod half out, and seize it back-handed exactly in the middle, with the elbow square with the shoulder.

2nd. Draw it entirely out with a straight arm above the shoulder, turning it at the same time to the rear, and close to the elbow; put it one inch into the barrel, the back of the hand to the front; the ramrod is thus held only between the two fore fingers and thumb, with the two last fingers shut in the hand.

6th.
Ram down
Cartridge.

1st. Push the ramrod down holding it as before, exactly in the middle, till the second finger touches the muzzle; elbow close, and the back of the hand to the front.

*Words of
Command.*

EXPLANATION.

2nd. Press the ramrod lightly towards you, and slip the two fore fingers and thumb to the point; then grasp it, as before, with the back of the hand still remaining to the front.

3rd. Push the cartridge well down to the bottom, with the back of the hand to the front, as before.

4th. Strike it two very quick strokes with the ramrod.

7th.
Return
Ramrods.

1st. Draw the ramrod half out, catching it back handed, with the elbow square.

2d. Draw it entirely out, with a straight arm above the shoulder, turning it to the rear, and close to the elbow; put it into the loops, and force it as quickly as possible to the bottom, the fore finger and thumb holding the ramrod, as in the position immediately previous to drawing it, keeping the firelock perfectly steady, and remaining the quarter face to the right.

8th.
Ready.

Bring the firelock, with one brisk motion, in the same position as at the word prime and load, placing the thumb of the right hand on the cock, and fingers behind the guard, and cock the piece; then take a grasp of the small of the butt.

Words of
Command.

EXPLANATION.

9th.
P'sent.

Raise the firelock to the present, with the fore finger within the guard, ready to fire.

In this too much pains cannot be taken to prevent the learner from raising his firelock with a jerk; it must be deliberately raised sufficiently high, (in order that the learner may be accustomed to arrive at the proper level,) and so that he may lay the right cheek on the butt, without too much stooping the head. Particular care must be taken that the learner in this position shuts the left eye in taking aim, looking along the barrel with the right eye, from the breach pin to the muzzle, and remaining steady, taking an object upon which he is to fire.

10th.
Fire.

Pull the trigger strong with the fore finger, without a jerk, and when fired, remain looking on the aim.

11th.
Load.

Keeping both feet fast, coming to the priming position.

Handle Car-
tridge. Prime.
'Bout. Draw
Ramrods. Ram
down Cartridge.
Return Ramrods

} As before directed.

SWORD EXERCISE.

EXPLANATION AND USE OF THE TARGET.

The target should be placed so as to have the centre rather below the height of a man's shoulder: from below this centre a line is drawn on the ground directly to the front; and, at the distance of about ten feet, the learner should be placed in the *position of attention*, with his left heel on the line, so that when he turns to the first position of the exercise, his right foot may cover it. The circular figure shews the seven cuts and guards. The cuts are directed through the centre, distinguished by lines, and named according to that figure from which each cut commences. The guards are performed by holding the sword opposite, and in the inclination of the dotted lines, which have sword hilts attached to them, and supposing the circular figure to be about the breadth and height of a man's body, the *cuts* and *guards* will be regulated according to the lines described upon the circle; nor should the learner

be practised in any other mode, until he has gained the proper direction of the *cuts*, as well as the inclination of the blade, and position of the wrist, in forming the *guards*.

The *points*, or *thrusts*, should be directed, as marked in the target, with the wrist towards No. 1, and the edge of the sword raised to the right in the *first point*; or towards No. 2, with the edge raised to the left in the second point; and in the *third point*, with the wrist rising to the centre, the edge upwards to the right, and the point directed as marked on the bottom of the circle.

The sectional lines of the figures over the target represent the preparatory positions.

POSITIONS.

*Words of
Command.*

EXPLANATION.

Attention.

The body is to be erect, the heels close together, and the hands hanging down on each side.

First position in
two motions.

Caution.

One.

Make a half face to the left, turning on the heels, so that the back of the left touches the inside of the right heel; the head retaining its position to the front.

*Words of
Command.*

EXPLANATION.

Two. Bring the right heel before the left, the feet at right angles, and the right foot pointing to the front; the shoulders square to the left, and the weight of the body resting on the left leg.

Second position.

Step out smartly with the right foot about eighteen inches in line with the left heel; the weight of the body remaining on the left leg.

Third position
in two motions.

Caution.

One.

Incline the right side to the front, with the hip kept in, so that the shoulder, and knee, are perpendicular to the point of the foot.

Two.

Step out smartly to the front, about thirty-six inches, with the knee perpendicular to the instep; the left knee and foot kept straight and firm, the heels in a line, the body upright, and the shoulders square to the left.

1st.
Draw Swords.

Take hold of the scabbard of the sword with the left hand, just below the hilt, which should be raised as high as the hip;

Words of
Command.

EXPLANATION.

then bend ; and raise the right arm to the front, as high as the shoulder, and move it across the body, until the hand seizes the hilt, turning it at the same time to the rear. By a second motion draw the sword from the scabbard with an extended arm, the edge being to the rear ; and lower the hand, until the hilt is in line with the chin, the blade perpendicular, and edge to the left, which forms the position of *recover swords*. By a third motion lower the wrist below, and in line with, the right hip, the elbow being drawn back, and the arm extended as much as it can be with ease ; the hand slightly grasping the sword, but ready, by the contraction of the fingers, to resume a firm hold. The upper part of the sword will then be in the hollow of the right shoulder, with the edge to the front, which brings it to the position of *carry swords*. The left hand, in dropping the scabbard as soon as the sword is drawn, remains as in the position of *attention*.

2nd.
Port Swords.

Bring the sword diagonally across the body, with the edge downwards, and, by bending the left elbow, raise the hand as

Words of
Command.

EXPLANATION.

high as the shoulder, taking hold of the blade between the thumb and fore finger, the knuckles being to the front, and the thumb extended towards the point of the sword.

3rd.
Salute.

Lower the left arm, and raise the right to the position of *recover swords*, with the thumb extended on the side of the handle; then, without pause, gradually sink the wrist to the right, clear of the body, and rather in advance of the thigh, the arm extended, the elbow drawn in, and the sword lowered in the direction of the right foot, until the point is a few inches from the ground, with the edge to the left.

The left arm to be kept straight down to the left side.

4th.
Port Swords.

Resume the position of *recover swords*; and by a second motion come to the *port*.

5th.
Carry Swords.

As directed under the third motion of *draw swords*.

6th.
Slope Swords.

The hand is carried to the front in line with the elbow, which now becomes close to the hip, with the sword resting upon

Words of
Command.

EXPLANATION.

the shoulder, and the edge being to the front.

7th.
Stand at Ease.

Bring the hands together, the left supporting the right; the back of the sword resting on the inside of the left arm, the right instep drawn close to the left heel, and the left knee slightly bent.

8th.
Carry Swords.

As before.

9th.
Return Swords.

Bring the hilt to the hollow of the left shoulder, the blade being perpendicular, and the back of the hand to the front; then, by a sharp turn of the wrist, drop the point into the scabbard, turning the edge to the rear, until the hand and elbow are in a line with each other across the body; by a second motion replace the sword in the scabbard, keeping the hand upon the hilt, until withdrawn by a motion from the flugleman.

Great care should be taken to preserve the edge of the blade, by allowing the back alone to bear upon the scabbard.

10th.
Draw Swords.

As before.

Words of
Command.

EXPLANATION.

11th.
Extend distance.

This is effected by all facing to the right (excepting the left hand man, who stands fast) and moving forwards until a distance of two paces and a half is obtained between each man.

12th.
Prepare to perform Sword Exercise.

Being at the position of *Attention* with sloped swords, turn the body and feet to the *First Position*, with the left hand resting upon the hip, and thumb to the rear.

13th.
Right, prove distance.

Extend the arm to the right, and lower the sword in a horizontal direction from the shoulder, with the edge to the rear, and the left shoulder brought square to the front.

14th.
Slope Swords.

As before.

15th.
Front, prove distance.

Step out to the *third position*, and extend the arm, lowering the point of the sword towards the centre of the target, with the edge to the right.

16th.
Slope Swords.

As before.

In both movements of proving distance, the forefinger and thumb should be stretched along the handle, the thumb being on the back, with the end or pommel of the hilt, in the palm of the hand.

Words of
Command.

EXPLANATION.

17th.
Guard.

Advance the point of the sword, extending the arm towards the centre of the target; the edge downwards, and thumb along the back of the handle; then, without pause, step out smartly to the *second position*, bending and raising the elbow, the hand being directly over the right foot, and turning the edge of the sword upwards to the right with the point lowered, and inclining to the left, so as to form an angle, through which the opponent should always be seen; the left shoulder brought a little forward, and the hilt of the sword inclining towards No. 1, and the point directed rather below, and to the left of No. 4.

18th.
Inside Guard.

Lower the wrist with the knuckles down and over the foot; the point to the front, the edge to the left, and the hand as low as the elbow, which is to be nearly on a level with, and in front of, the upper

Words of
Command.

EXPLANATION.

part of the hip. The wrist is here inclined towards No. 4, the point towards No. 1.

19th.
Outside Guard.

Turn the wrist with the nails downwards, and bring the edge to the right, the hand inclining to No. 3, the point towards No. 2.

20th.
Assault.

Draw up to the *first position*, and raise the right arm to the front, with the wrist opposite No. 1, and the elbow rather bent towards the centre of the circular figure; the back of the sword near the point resting on the shoulder, with the edge inclined to the right.

21st.
One

Extending the arm, direct the cut to the front in a diagonal line from right to left, as shewn from No. 1, to No. 4; and as the point clears the circle, turn the knuckles upwards, and continue the sweep of the sword, so as to bring the point to the rear of the left shoulder, upon which it rests, with the edge inclined to the left, and the wrist opposite No. 2.

22nd.
Two.

Direct the cut diagonally from No. 2, to No. 3, and turn the wrist, so that the

Words of
Command.

EXPLANATION.

sword continues its motion till it rises perpendicular to it, with the edge to the rear, and the arm extended to the right, on a level with the shoulder.

23rd.
Three.

Cut diagonally upwards from No. 3, to No. 2, and continue the motion of the wrist so as to bring it to the hollow of the left shoulder, with the point of the sword perpendicular to it, and the edge to the rear.

24th.
Four.

Cut diagonally upwards from No. 4, to No. 1, and carry the sword to the right, turning the knuckles downwards, with the wrist as high as the shoulder, and the edge to the rear.

25th.
Five.

Cut horizontally from No. 5, to No. 6, and turn the knuckles up, with the edge of the sword to the left, and point to the rear over the left shoulder.

26th.
Six.

Cut horizontally from No. 6, to No. 5, and bring the hand in the direction of No. 7; the sword being on the same line over the head, with the point lowered to the rear, and the edge uppermost.

Words of
Command.

EXPLANATION.

27th.
Seven.

Cut vertically downwards from No. 7, to the centre of the circle, and remain with the arm extended, placing the thumb along the back of the handle, with the left shoulder well pressed back.

28th.
First Point.

Turn the wrist with the edge of the sword upwards to the right, drawing back the hand just above, and in front of the right eye; the elbow well bent, and raised; and the left shoulder brought a little forward.

By a second motion, extend the arm, and deliver the point smartly to the front in the direction of the centre of the target, with the wrist inclining to No. 1, and press back the left shoulder, so as to advance the right, which should be equally attended to in the *second* and *third points* also.

In this and throughout the instructions, where a *second motion* is required, the word of command *two* must be given, unless the practice is carrying on with a fogleman.

29th.
Second Point.

Turn the edge upwards to the left, and draw in the elbow close to the body, with

the wrist in a line above it, as high as, and in front of, the breast.

By a second motion deliver the point as before directed, the wrist inclining to No. 2, and the edge raised with the knuckles downwards.

30th.
Third Point.

Draw in the arm till the wrist touches the upper part of the hip; the edge raised to the right, the left shoulder advanced, and the hips well thrown back.

By a second motion deliver the point in the direction, as marked in the target, and raising the wrist towards the centre.

31st.
Guards.

This serves as a caution for the seven guards, which follow, distinguished in the words of command by *first, second, &c.*

32nd.
First.

Turn the edge to the left, the thumb resuming its grasp of the handle, and draw in the elbow close to the body; the wrist being kept to the front, and the sword placed opposite the diagonal line, as shewn in the target by the hilt marked *first guard*.

In this, and all the following guards, the point should be advanced rather to the front.

Words of
Command.

EXPLANATION.

33rd.
Second.

Turn the wrist with the knuckles uppermost, and the edge to the right; the sword placed opposite the diagonal line with the hilt marked *second guard*.

34th.
Third.

Turn the wrist and edge to the left, nearly as high as the shoulder, with the point lowered to the right; the sword being held towards the diagonal line from the hilt marked *third guard*.

35th.
Fourth.

Turn the wrist and edge to the right, with the point to the left; the sword held towards the diagonal line from the hilt marked *fourth guard*.

36th.
Fifth.

Turn the edge to the left, with the wrist as high as the shoulder, to the front and left of the body; the sword being placed opposite the perpendicular line from the hilt marked *fifth guard*.

37th.
Sixth.

Turn the wrist and edge to the right, so as to bring the sword opposite the perpendicular line from the hilt marked *sixth guard*.

38th.
Seventh.

Raise the hand above, and in advance

Words of
Command.

EXPLANATION.

of, the right ear; the elbow being raised, and well kept back, with the left shoulder slightly brought forward, and the sword in the direction of the line from the hilt marked *seventh guard*.

39th.
Left Parry.

Lower the wrist nearly close to the right shoulder, with the thumb at the back of the handle, and the edge to the right; the hips well pressed back, and the sword opposite the centre perpendicular line. By a second motion turn the wrist, so that the point falls to the rear, and forms a circle from left to right of your body, and again returns to its former position.

40th.
Right Parry.

Drop the point to the rear, and by the turn of the wrist continue the motion so as to form a circle from right to left of your body; the sword returning to its position as before.

The cuts and guards may now be combined, and here it is more particularly intended to practise the learner in shewing the guard for each cut, so as to impress it on his recollection. The cuts should be given from the wrist to the full extent of the arm to the front, and in

the *third position*; with the cut directed no further than the centre of the circle, opposite which the point should remain.

Words of
Command.

EXPLANATION.

41st.
Left Cheek.

Step out to the *third position*, and deliver the cut *one* towards the centre of the target, opposite to which the point is to remain steady with the arm extended, and the wrist kept well up in this, as in all the following cuts.

42nd.
First Guard.

Spring up to the *first position* and form the *first guard*.

43rd.
Right Cheek.

Deliver cut *two* and remain as before.

44th.
Second Guard.

Spring up to the *second guard*, &c.

45th.
Wrist.

Deliver the cut *three*, &c.

46th.
Third Guard.

Spring up to the *third guard*, &c.

47th.
Leg.

Deliver cut four, the point not carried above the height of the knee, &c.

48th.
Fourth Guard.

Spring up to the *fourth guard* low down, and arms extended, &c.

Words of
Command

EXPLANATION.

- 49th. Deliver the cut *five*, &c.
Left side.
- 50th. Spring up to the *fifth guard*, &c.
Fifth Guard.
- 51st. Deliver cut *six*, &c.
Right Side.
- 52nd. Spring up to the *sixth guard*, &c.
Sixth Guard.
- 53rd. Deliver cut *seven*, &c.
Head.
- 54th. Spring up to the *seventh guard*, &c.
Seventh Guard.
- 55th. As before directed, but the second mo-
tion given in the third position.
First Point.
- 56th. Spring up to the *first position*, and
parry.
Left Parry.
- 57th. As before, in *third position*.
Second Point.
- 58th. As before, in *first position*.
Right Parry.
- 59th. As before, in *third position*.
Third Point.
- 60th. Form both *parries* on drawing up to
the *first position*.
Right and Left
Parry.
- 61st. As before directed, in the *second position*.
Guard.

Words of
Command.

EXPLANATION.

62nd.
Slope Swords.

As usual, drawing up to the *first position*.

When performing by flugleman, the practice of the *assault* should also be made as follows: the elbow is slightly bent, and the wrist turned sufficiently to deliver the cut *one*; the hand being brought to the front, and about the height of the face, so as to be in the direction of the centre of the target, with the hips pressed well back. The seven cuts are then delivered without any material pause between them, as by the proper and timely turn of the wrist, each cut will lead into the other, and consequently blend their force together; the cuts should be given strong with the edge leading forwards, the wrist retaining its direction to the front, as much as possible, without moving to the right or left; and in returning to prepare for another cut, the edge should be drawn back nearly in the same line; the arm being a little bent, so as to allow a free play of the elbow and shoulder, in giving effective force to the cut, and then extended to the utmost in the delivery of it. Whenever the *learner* fails to carry the edge well in making the *assault*, he should be practised in combining the cuts *one* and *four*, repeating them several times; also *two* and *three*, and *five* and *six*; taking care that the edge leads on the respective lines in the target, the wrist being darted towards the centre in each cut.

Return of the Coast Guard Station at _____, on the _____, to _____ miles, *
 { Distance from Flank Stations, _____, the nearest Port Town, _____ miles.—From London _____ miles,
 Distance from _____, _____ miles. — From London _____ miles,

Complement of Station Particulars	Names of Crew	Rank	Length of time at Station		Places of Nativity of Crew	Places of Nativity of their Wives	No. of Children	If absent, the cause thereof	Remarks as to Health, Character, Conduct, &c.
			Years	Months					
Chief Officer		Chief Officer.							
Chief Boatman		Ch. Boatman							
Riding Officer		Rids. Officer.							
Commiss ^d . Boatmen..		Com ^d Boatm ^a							
Boatmen		Ditto							
Total established complement.....		¶							
Extra Men above complement.....		Boatman....							
Men lent from Cruizers, &c.....		Ditto							
Total above complement.....		Ditto							
Boats.....		¶							
Watch-House		Extra Man..							
Boat House		¶							
Look out Houses									
Cottages									

Signed,

Chief Officer.

* Name of Stations. † Name of Town. ¶ For any greater number of the different Ranks than is here provided for.

Oviedo 3 Agosto 1890 - S. de Soto

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